



Interventions enhance Safe Sleep compliance, leading to the attainment of Health System Gold Level Safe Sleep Certification.

A Journey to Safe Sleep: Ensuring Every Baby’s Dream is a Safe One

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1. Background

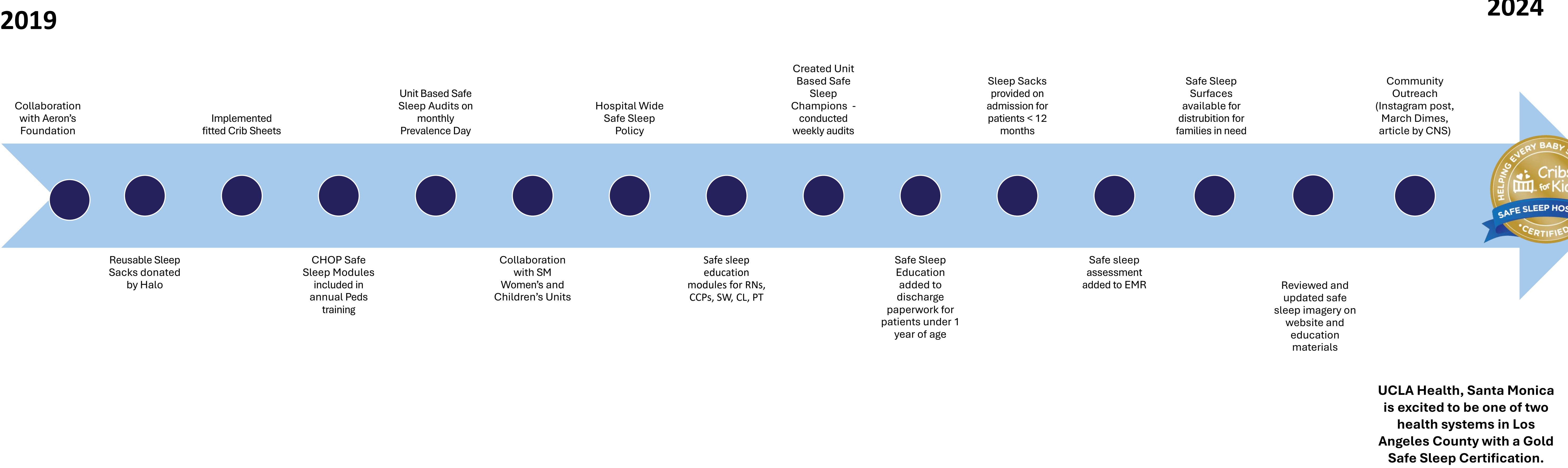
Healthcare providers play a pivotal role in shaping caregivers' behaviors regarding infant sleep. Studies indicate that caregivers often model their actions after the practices they observe in hospital settings. If healthcare providers fail to demonstrate and educate on safe sleep practices, this can directly affect how caregivers implement safe sleep at home.

Limited training, inconsistent messaging, or failure to model safe sleep behaviors in hospitals may increase the risk of unsafe sleep environments once the infant leaves the hospital.

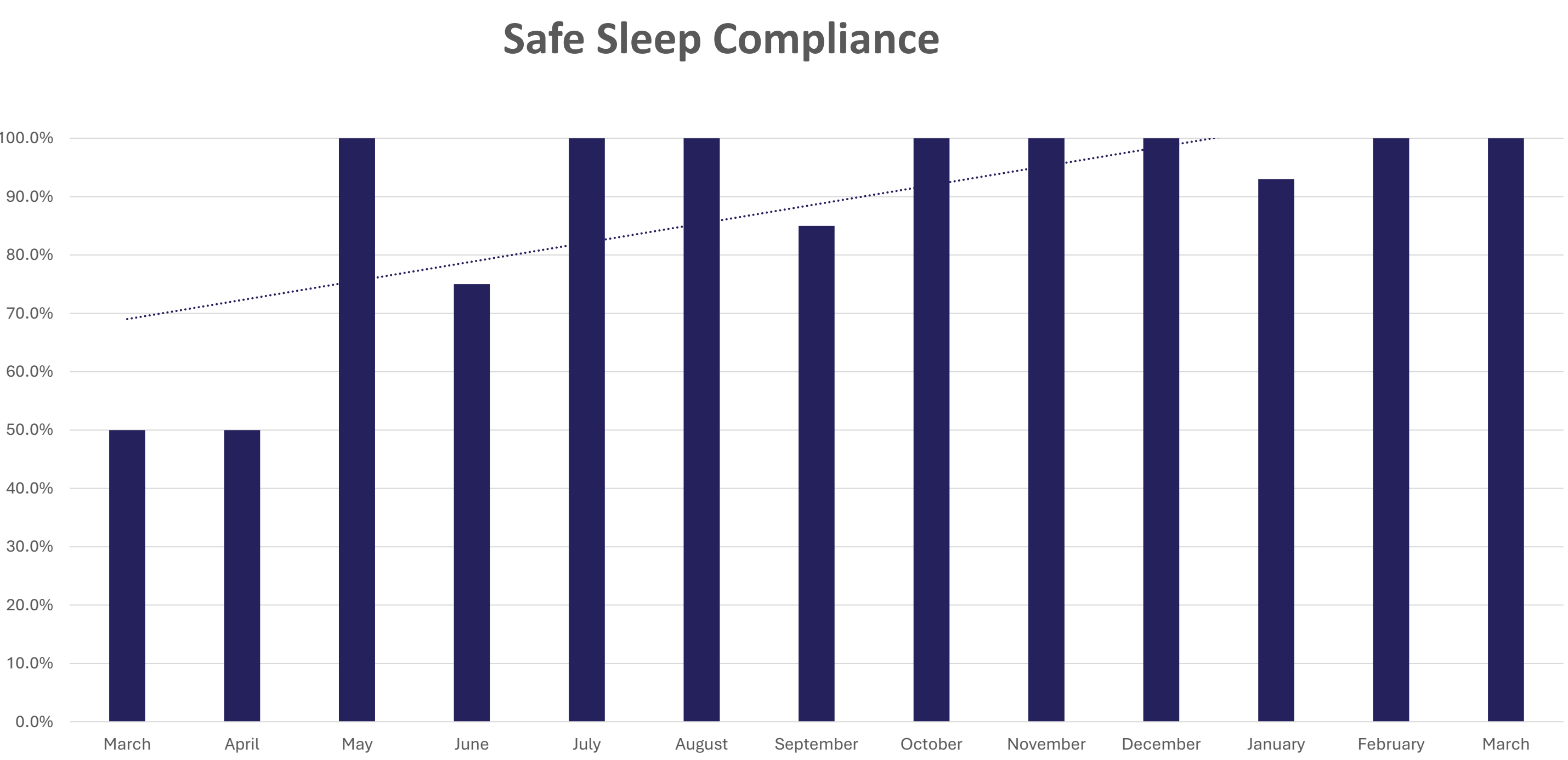
2. Objectives

- 1. Increase the safe sleep audit compliance rate on the pediatric unit to 100%.
- 2. Raise awareness among units and providers delivering pediatric care.
- 3. Obtain Health System Gold Level Safe Sleep Certification.

3. Implementation



4. Unit Based Safe Sleep Audits



5. Conclusion & Implications for Practice

By focusing on sustainability, expanding education to healthcare settings outside of Pediatric Units, sharing best practices, and enhancing training for Safe Sleep Champions, healthcare institutions can create a long-lasting impact on infant sleep safety.

These efforts will not only reduce the risk of sleep-related infant deaths but will also support parents and caregivers in providing the safest possible sleep environment for their babies.

