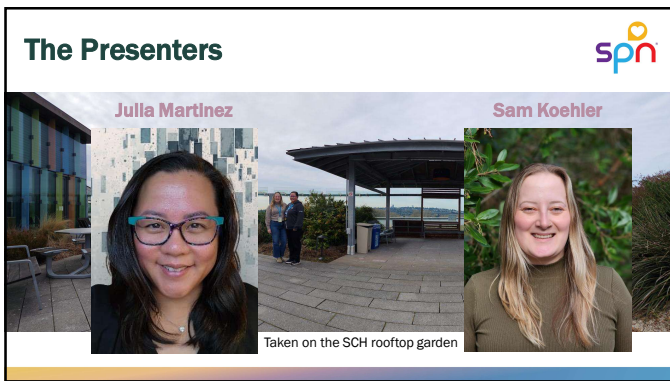




1



2



3

Handouts

MicroSim Handout
aka MicroLearning Utilizing In situ Stimulation

Thank you for coming to our presentation!

Enclosed you will find some of the interactive components of our presentation, our contact information, and general information about us, the presenters. The inside page is a standalone blank copy of our MicroSim Framework for you to use if you want to try building out your own MicroSim.

How do you effectively learn and retain information about new skills or procedures for managing various patient care scenarios?

Please scan the QR code and tell us! We'll review these results later in the presentation.

Julia Martinez, BSN, RN, CCRN
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Sam Koehler, BSN, RN, CPHON
samantha.koehler@seattlechildrens.org

Scenario Building

MicroSim Framework

Scenario Background: What would be an appropriate patient for the learning objectives? Consider age, weight, history, and presentation. Consider the location for the activity.

Stage 1: Focus on learning objectives

Learning Objectives: What are 3 objectives you want learners to walk away with?


Stage 2: Focus on assessment questions

Assessment Questions: What are 3 questions you want learners to walk away with?

Stage 3: Focus on debrief and reflection

Debrief Questions: What are 3 questions you want learners to walk away with?


Scenario Building: What are 3 questions you want learners to walk away with?



4

Objectives


- Define learning styles
- Identify considerations and barriers for providing ongoing multimodal education to frontline staff
- Demonstrate a MicroSim
- Summarize its impact on participants' confidence levels (the data)
- Describe and apply MicroSim Framework to a new scenario topic chosen by the audience



5

What are the Main Learning Styles?

How do you learn best?



6

VARK **LEARNING STYLES** 



VISUAL **AUDITORY**

READ / WRITE **KINAESTHETIC**

Fleming, 1987

7

Types of Learning Styles - The Extra Three 


Solitary (Intrapersonal): 
self-study
reading
repetition

Social (Interpersonal): 

Logical (Mathematical): 
Problem Idea Solution


Storm, 2017

8


How do you prefer to learn? 

How do you effectively learn and retain information about new skills or procedures for managing various patient care scenarios?

Please scan the QR code and tell us!
We'll review these results later in the presentation.



9



Considerations and Barriers for Providing Ongoing Multimodal Education

Background information about the hospital

10



Seattle Children's Hospital in 2025

Regional Children's Hospital for WAMI Region

Annual patient visits: 600,680

- Hospital Campus: 185,685
 - Total # of beds: 423
- Ambulatory clinics: 222,290
- Emergency Department: 60,679
- Behavioral Medicine: 69,188

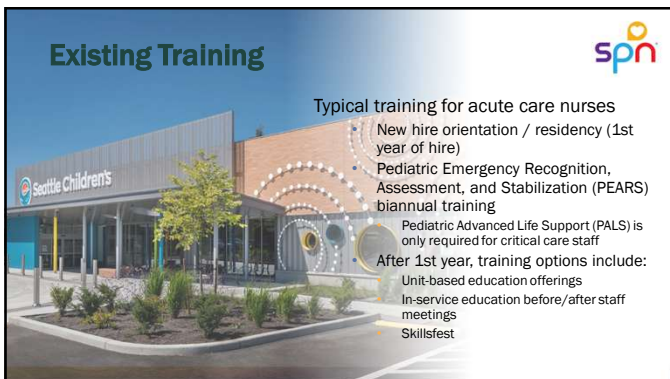
Surgeries

- Outpatient: 19,002
- Inpatient: 6,311

Total # of:

- RNs: 2,145
- NPD Practitioners: 32 + 3 PDAs (Professional Development Associates)

11



Existing Training

Typical training for acute care nurses

- New hire orientation / residency (1st year of hire)
- Pediatric Emergency Recognition, Assessment, and Stabilization (PEARS) biannual training
- Pediatric Advanced Life Support (PALS) is only required for critical care staff

After 1st year, training options include:

- Unit-based education offerings
- In-service education before/after staff meetings
- Skillsfest

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Resources and Updates spn

Over 3000 published resources

- Policy and Procedure, Guidelines of Care (> 2800)
- Clinical Standard Work Pathways (70+)
- Job aids (~500)
- AHA prescribed content every other year – PEARS or PALS

Updates and changes primarily communicated electronically

- Disruptions in supply chain – changes in medication, equipment, supplies
- Temporary vs Permanent
 - Temporary changes are not always reflected in published resources



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Escalation Resources in Acute Care spn

Cancer and Blood Disorders Unit Resources:

- 48 private beds divided into 3 16-bed wings
- 18-20 RNs, 6 CNAs, 4 Charge Nurses
- Primary Provider teams are typically on unit
 - Other acute care units do not typically have this

Types of escalations:

- Recognized Illness Severity in Kids (RISK) nurse
- Code Blue
- Rapid Response Team (RRT)
- Medical Emergency Team (MET)



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Challenges and Barriers spn

<p>Challenges</p> <p>Staff reported:</p> <ul style="list-style-type: none"> !! Wanting more simulation-based education !! Electronically communicated practice changes and updates !! Decreased ongoing education opportunities (post-pandemic) !! Lack of familiarity with resources !! High volume of new graduate nurse hires 	<p>Barriers</p> <p>Identified by leadership and staff:</p> <ul style="list-style-type: none"> × No budget for additional / optional training × Staff reluctant to come on site for optional training × Resource allocation of the NPD team
--	--

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Summary of Literature Review

Published literature proves simulation to be effective at:

- Increasing self-confidence
 - (Liu, Q., Zheng, X., Xu, L., Chen, Q., Zhou, F., & Peng, L. (2023))
- Increasing clinical competency and critical thinking
 - (Ren, Q., Chen, F., Zhang, H., Tu, J., Xu, X., & Liu, C. 2022)
- Reducing delays in interventions including escalation of care
 - (Lambert, C., Wienoek, C., & Francis-Parr, J. (2023))
- Empowering frontline staff to activate escalations of care
 - (Egozcue, E., King, M. A., Bermudez, N., Sadule Rios, N., Villalba, M., & Miller, A., 2023)

Most effective simulation offerings included one or more of the following:

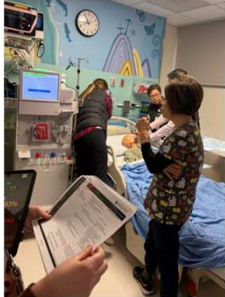
- High-fidelity
- In situ - a training method conducted in the actual clinical environment, using real equipment and on-duty healthcare teams to improve skills, teamwork, and patient safety
- Multidisciplinary
- Dedicated time (typically ≥ 1 hour)

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MicroSim was Born!

What is MicroSim?

- A method of delivering education in an engaging, innovative, and cost-neutral way that can be done within 15 minutes
- Initially focused on the following goals:
 - Recognition and appropriate escalation of care based on vital signs and initial assessment
 - Prioritization of nursing tasks
 - Actions and preparation while waiting
 - Interrupting incorrect decisions and behaviors




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Evolution of MicroSim Goals

Additional opportunities for:

- Evaluating critical thinking skills
- Hands on practice
- Reviewing equipment location, use, and troubleshooting
- Identifying and addressing unexpected knowledge / skill gaps
- Awareness and proper use of published resources



Humidified Blow-By



Supplemental Oxygen Blow-By

18

Scenario Selection



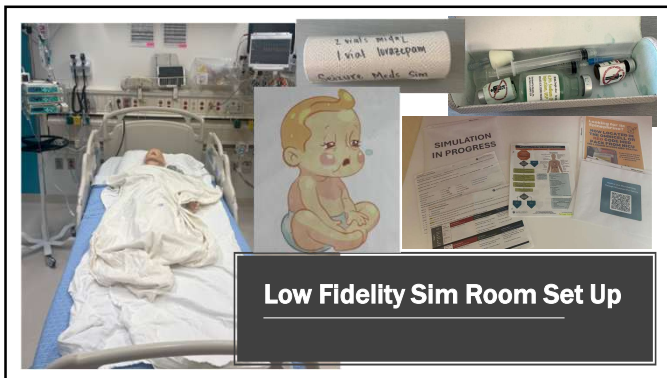
Built based on gaps in practice identified with unit leadership through:

- Audits
- Escalations to Leadership
- QI reporting database
- Rescue Reviews
- Code Blue Reviews
- Staff rounding

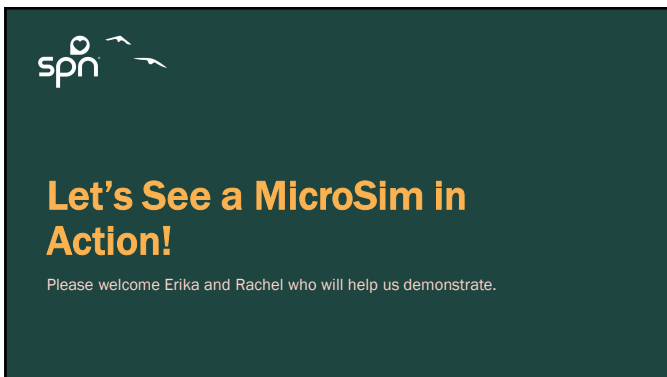
Examples of our learning objectives:

- When to call an RRT vs a Code Blue
- Review proper technique for providing rescue breaths
- How to administer and waste intranasal medication
- Who can administer IM epinephrine and when
- Awareness of pathway/policy
- Commonly missed documentation items

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20



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Simulation Agreement

- Ground Rules:
 - Participate fully
 - Maintain confidentiality
 - Be professional
 - Suspend disbelief
- Complete pre-survey questions
- You are sitting alone at the nurses station and...

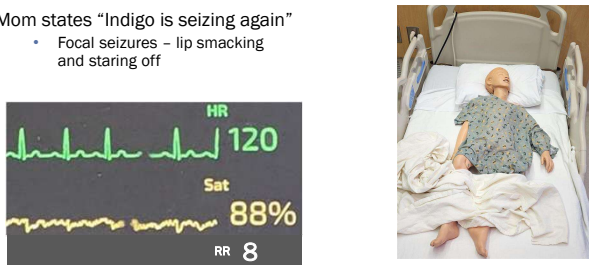


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Stage 1 - Walk in the room and see...

Mom states "Indigo is seizing again"

- Focal seizures – lip smacking and staring off



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Resources

On Arrival/First Seizure

- Order 1st Line and 2nd Line medications based on guidance in this pathway, then confirm with Neurology
- If patient has established epilepsy, see [Local/Global Care Plan in Epic](#)

1st Line

- Prepare 1st Line medication
- Secure IV access
- Support airway, breathing (O₂), circulation
- Check glucose and sodium

2nd Line

- Repeat 1st Line medication at 5 minutes
- If no IV access, midazolam IV
- If ECG/telemetry monitoring, midazolam IV
- Repeat both 2nd Line drug doses
- Repeat benzodiazepine 5 minutes later if seizure continues
- Diagnose, treat, and assess for risk of infection
- Consult neurology

Status Epilepticus (SE)

SE will occur if seizure lasts longer than 5 minutes or if seizures are continuous

Established 1 (ESE) Seizure

Refractory at (RSE) Seizure

Failure to Stop (FTS) Seizure

EMU: Epilepsy

! Timing may differ on EMU or per Local/Global Care Plan

midazolam 5 mg/mL 5 mg[®] Ordered Dose: 0.2 mg/kg + 25.1 kg (Dosing Weight) Admin Dose: 5 mg - Intranasal Every 5 min PRN First line seizure >5 mins

Admin Instructions: Max 2 doses benzodiazepines per episode. Administer 1/2 dose in each nostril. First line therapy

Product Instructions: For intranasal doses: Use mucosal atomizer device. Prime device per job aid. Administer one-half dose in each nostril.

Ordered Admin Dose: 5 mg = 1 mL of 10 mg/2 mL Frequency: Every 5 min PRN Route: Intranasal Ordered Dose: 0.2 mg/kg + 25.1 kg (Dosing Weight)

Administrations: Reiteration: 2 Dispense Location: Box C 4 800a Chemical Order Start Time: Yesterday 09:13:25 at 1228 Expected Quantity: Volume 1 mL PRN Commitment: First line seizure >5 mins

References: Seizure Pathway Leaning Black Box Warning

Priority STAT
Order ID: 3499131501

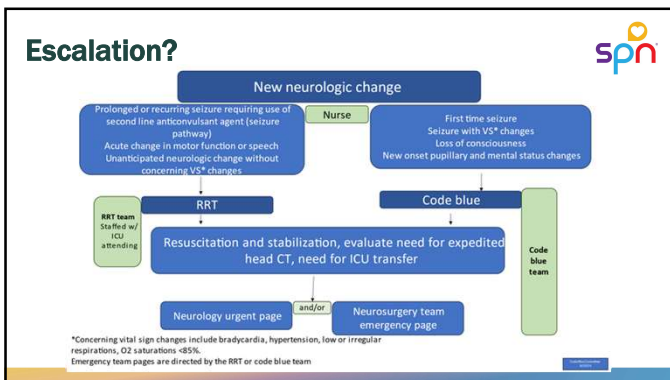
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Stage 2

Indigo is still seizing after 1st intranasal midazolam was given

HR 80
Sat 75%
BP 70/40
RR 8

25



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Stage 3

HR 65
Sat 70%
BP 70/40
RR 6

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Scenario End and Debrief



Debrief

- How did that feel?
- What went well?
- What could have gone better
- What would you do differently next time?

Facilitator education points

- Documentation considerations
- Review content and where to find any resources referenced

Complete post-survey

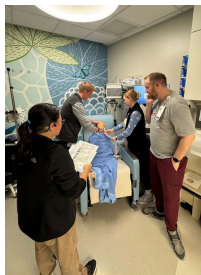
28

IntraSim Data - How did they do?



Name	Timing		O ₂ via blowby		1st line rescue	
	Independent	Coached	Independent	Coached	Independent	Coached
Erika						
Rachel						

Name	IN Midazolam		Rescue Breaths		Code Blue	
	Independent	Coached	Independent	Coached	Independent	Coached
Erika						
Rachel						




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The Impacts of MicroSim

Reviewing the collected data

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Learning Objectives (IntraSim) Data - Seizure MicroSim (Medical Unit)



Stable seizing → RRT (n=17)	Unstable seizing → Code Blue (n=23)
Call for 1st line rescue medication <ul style="list-style-type: none"> 100% completed independently 	Call for 1st line rescue medication <ul style="list-style-type: none"> 87% completed independently
Proper IV med admin and waste <ul style="list-style-type: none"> 71% correctly demonstrated 	Proper IN med admin and waste <ul style="list-style-type: none"> 74% correctly demonstrated
Timed seizure <ul style="list-style-type: none"> 100% verbalized necessity upon entry 	Administered Rescue Breaths <ul style="list-style-type: none"> 57% initiated independently
Call Rapid Response Team (RRT) <ul style="list-style-type: none"> 100% initiated without coaching 	Call Code Blue <ul style="list-style-type: none"> 57% initiated without coaching
SBAR (to summarize handoff) <ul style="list-style-type: none"> 65% completed independently 	1-liner (succinct handoff to code team) <ul style="list-style-type: none"> 48% completed independently
Knowledge of available resources <ul style="list-style-type: none"> 42% verbalized knowledge 	Knowledge of available resources <ul style="list-style-type: none"> 18% verbalized knowledge

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Data Collection – Confidence Scores



Pre-Survey Questions	Post-Survey Questions
How confident... <ul style="list-style-type: none"> Knowing when to call the following <u>without</u> consulting your peers or the charge nurse first? <ul style="list-style-type: none"> Provider, Staff Assist, RRT, Code Blue Determining and initiating the appropriate next steps once a patient's condition is identified? Do you feel in knowing when to escalate a patient experiencing (insert relevant scenarios)? 	Contained the exact same confidence score questions as the pre-survey and: <ul style="list-style-type: none"> How helpful was this training? Additional Comments? Ideas for future scenarios?

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Comparing Pre- and Post-Survey Data - Seizure MicroSim (Medical Unit)




Combined seizure scenarios score data:
How confident are you in properly escalating to an RRT or Code Blue without consulting your peers or the charge nurse first?

RRT escalation		Code Blue	
Pre-Survey Score	Post-Survey Score	Pre-Survey Score	Post-Survey Score
RRT <ul style="list-style-type: none"> Extremely Not confident: 4.8% Somewhat confident: 28.6% Confident: 54.8% Very confident: 11.9% 	RRT <ul style="list-style-type: none"> Somewhat confident: 17.9% Confident: 61.5% Extremely confident: 20.5% 	Code Blue <ul style="list-style-type: none"> Extremely Not confident: 2.4% Somewhat not confid...: 14.3% Somewhat confident: 21.4% Confident: 50% Very confident: 11.9% 	Code Blue <ul style="list-style-type: none"> Somewhat not confident: 2.6% Somewhat confident: 10.3% Confident: 66.7% Extremely confident: 20.5%

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Comparing Pre- and Post-Survey Data - Seizure MicroSim (Medical Unit)



Combined seizure scenarios (RRT & Code Blue) score data: How confident do you feel in knowing when to escalate a patient having a seizure?

Pre-Survey Score	Post-Survey Score
4.05 Average Rating	4.33 Average Rating


How helpful was this training?

Seizure Scenario	
● Somewhat Helpful	7.7%
● Very Helpful	92.3%

- Some staff comments
 - "Thank you for making it low key!"
 - "great job"
 - "Thanks for being kind and educational"
 - "thank you!!!!!"

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Comparing Pre- and Post-Survey Data - Anaphylaxis MicroSim (CBDC Unit Pilot)



Learning Objectives: (n=70)


- Recognize severe anaphylaxis requiring a Code Blue
 - 57% required coaching
- Role of bedside RN in drawing up and administering IM Epi
 - 25% correctly verbalized
- How to properly set up and administer blow-by using ambubag
 - 67% required coaching
- Aware of Anaphylaxis Pathway resource
 - 13% demonstrated awareness

Anaphylaxis Scenario: How confident are you in properly escalating to an RRT or Code Blue without consulting your peers or the charge nurse first?

Pre-Survey Score		Post-Survey Score	
Code Blue			
● Somewhat not confid...	20.7%	● Somewhat Not Confid...	2.9%
● Somewhat confident	15.5%	● Somewhat Confident	20.6%
● Confident	41.4%	● Confident	52.9%
● Very confident	22.4%	● Very Confident	23.5%

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Comparing Pre- and Post-Survey Data - Anaphylaxis MicroSim (CBDC Unit Pilot)



How confident do you feel in knowing when to escalate a patient experiencing severe anaphylaxis?

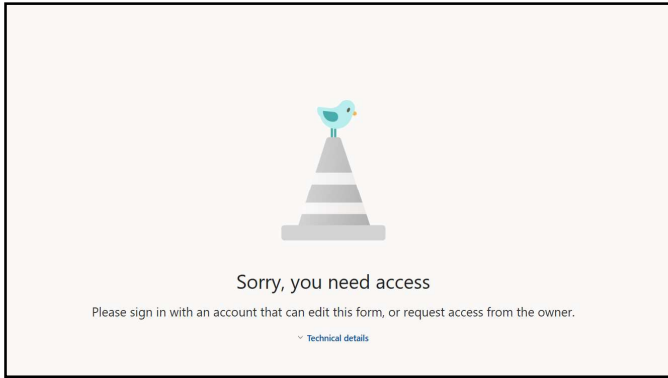
Pre-Survey Score	Post-Survey Score
3.88 Average Rating	4.31 Average Rating

How helpful was this training?

Anaphylaxis Scenario	
● Somewhat Helpful	25%
● Very Helpful	75%

- Some staff comments
 - "great explanations"
 - "info was very helpful"
 - "great refresher"
 - "quick and helpful"

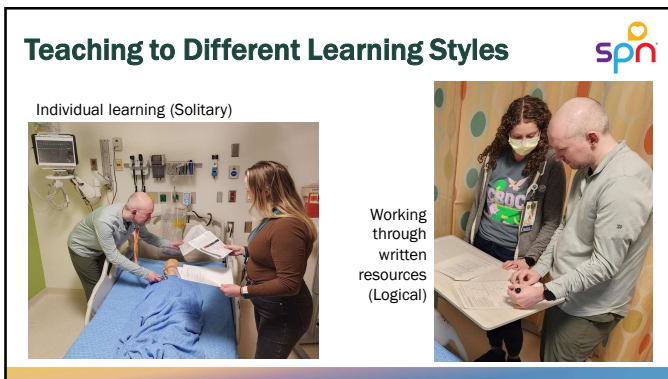
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Let's Walk Through a MicroSim Framework Build

Understanding the background information needed to build a MicroSim

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Which MicroSim would you like to see built?

Sepsis in a Heme/Onc Patient

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- Report rates of ABC patient in acute hepatic shock that received too large of a fluid bolus
- Review current needs by:
 - Max communication of fluid bolus volume
 - Look at SOA when larger than expected fluid bolus volume was verbally ordered
 - Integrate administration technique for a patient <15 kg resulting in an antibiotic
 - Change to guidelines on administering report back tools

Managing Stable SVT in Acute Care Cardiac Unit

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- From changes by end manager nurse, patient was in stable SVT and no clear policy
- Standardized on the new medication cardiac care did not have to change the medication
- Policy established for acute care cardiac unit but the staff training required for that unit is different

Pain AIR Cycle & X-Ray Positioning (NICU)

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- From staff report, NICU identifying a gap in their air placement education and often needing repeat Airgap due to improper positioning
- Concern for patients receiving unnecessary pain medication
- From DNA solution, patients receiving pain medications do not consistently have their pain medication documented within 60 minutes of receiving a PRN medication
- Regulatory violation

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Future MicroSim Applications

It's not just for escalation of care practice in acute care settings!

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How Else Can MicroSim Be Used?



Pharmacy

- Blinatumomab changing from hazardous drug to non-hazardous drug

ICU

- Cardiac ICU - VAD (Ventricular Assist Device) Management

Acute Care

- Hematology / Oncology - Acute Chest (sickle cell) & pain crisis
- Extra-ventricular Drain (EVD) assessment and troubleshooting

Urgent Care


- Triaging respiratory distress and interdisciplinary application of supplemental oxygen

Increase staff engagement

- Have Shared Governance nurses that are interested in professionally developing other skills without leaving the bedside


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Questions?




Interested in bringing MicroSim to your organization?

- Reach out to us for more information!
- Contact information is also on the handouts



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References 

Egozcue, E., King, M. A., Bermudez, N., Sadule Rios, N., Villalba, M., & Miller, A. (2023). Empowering nursing staff to activate rapid response teams: Using in situ simulation to bolster knowledge and confidence. *Nursing & Health Sciences Research Journal*, 6(1), 34–48. <https://doi.org/10.55481/2578-3750.1168>

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Thank you for attending our presentation on Micro Learning Utilizing In situ Simulation (MicroSim)

Julia Martinez, BSN, RN, CCRN
Sam Koehler, BSN, RN, CPHON

 Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION


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Sepsis in a Heme/Onc Patient 

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- QI report about a BMT patient in acute septic shock that received too large of a fluid bolus volume related to:
 - Miscommunication of fluid bolus volume
 - Lack of STAR when larger than expected fluid bolus volume was verbally ordered
- Improper administration technique for a patient <15 kg resulting in air embolus
 - Change to guidelines on administering rapid fluid bolus

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Sepsis in a Heme/Onc Patient 

Learning Objectives:


- Pick at least 2 objectives you want learners to walk away with

1. Recognize hypotension related to suspected septic shock
2. Calculate appropriate fluid bolus volumes based on clinical need
3. Clarify what actions can be taken based on verbally discussed plans
4. Distinguish RN actions that must wait to be carried out until an order is entered in the EHR
5. Demonstrate proper fluid bolus administration
6. Recognize fluid overload and need for RRT escalation

Review Content with Subject Matter Expert(s):

- To confirm accuracy and minimize ambiguity
 - Cancer and Blood Disorders BMT CNS
 - HemOnc BMT Suspected Infection (HOBSI) Clinical Standard Work Pathway Owners

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Sepsis in a Heme/Onc Patient 


Supplies Needed:

- Manikin
- VS screen printouts
- Functional IV that can be infused into
- Fluid bolus supplies

Resources:

- What written resources should staff utilize / refer to
 - Rapid Fluid Bolus Job Aid
 - HOBSI (HemOnc BMT Suspected Infection) CSW Pathway

50

Sepsis (Heme/Onc) – Scenario Building 

Scenario Background:

- What would be an appropriate patient for the listed learning objectives? Consider age, weight, history, and admission reason. What brings the participants to the patient?
 - 6 y/o with ALL admitted for Fever + Neutropenia 36 hours ago, 20 kg, NKA
 - Received 1x 20ml/kg NS bolus in ED, started on antibiotics (Ceftazidime) after labs and blood cultures drawn
 - You are an RN on the oncology unit and enter the room to complete your start of shift assessment and administer scheduled meds. Mom is sleeping at bedside.

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Sepsis (Heme/Onc) – Scenario Building

Stage 1: Assess, recognize situation needs, necessary escalations, anticipated interventions

- Full head-to-toe assessment, full set of VS with new BP
 - Assessment details (given by facilitator when prompted):
 - Hot core, cool and mottled extremities, 1+ peripheral pulses, 2+ central pulses
- Recognize hypotension in setting of fever, suspect septic shock
- Call provider to notify of VS and assessment findings
 - Provider responds they will come to bedside to assess
- Anticipate need for fluid bolus (20 mL/kg)

Vital Signs:
 HR: 120
 RR: 28
 O₂: 95% on RA
 BP: 80/40
 Temp: 38.9

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Sepsis (Heme/Onc) – Scenario Building

Stage 2: Post-intervention assessment data, expectation of next actions and escalations

- Obtain supplies for fluid bolus - ask what method they will use to determine supplies
 - Demonstrate the steps for prepping a 400mL fluid bolus (push/pull vs pressure bag)
- Provider assesses patient, verbally confirms fluid bolus order and asks to have it started while they enter the order
 - RN must state they cannot start the fluid bolus until order is entered in EHR
- Once order is entered, demonstrate 5 rights and scanning med into EMR, then RN begins fluid bolus

Vital Signs:
 HR: 120
 RR: 28
 O₂: 95% on RA
 BP: 80/40
 Temp: 38.9

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Sepsis (Heme/Onc) – Scenario Building

Stage 3: Post-intervention assessment data, expectation of next actions and escalations

- When bolus completes, RN actions:
 - Clamp bolus line
 - Reassess patient: obtain full set of VS, assess pulses, perfusion and lung sounds
 - Assessment details: Patient somnolent but arousable, cool and mottled extremities, 1+ peripheral pulses, 2+ central pulses. Lung sounds diminished but crackles when auscultated
 - Recognize fluid overload while still hypotensive
 - Call RRT for escalation of care
 - Likely needs pressors

Vital Signs:
 HR: 135
 RR: 37
 O₂: 92% on RA
 BP: 75/38
 Temp: 38.9

54


Sepsis (Heme/Onc) – Scenario Building 

Scenario ending: Have the participant give a scenario summary as a way to segue into debriefing

- RRT arrives, RISK RN asks "what's going on?"
 - SBAR summary of scenario to RISK RN

Vital Signs:
 HR: 135
 RR: 37
 O₂: 92% on RA
 BP: 75/38
 Temp: 38.9


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Managing Stable SVT in Acute Care Cardiac Unit 

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
 - From QI report by unit charge nurse: patient was in stable SVT and no clear policy established on the new intermediate cardiac care unit on how to manage the situation
 - Policy established for acute care cardiac unit but the staff training required for that unit is different

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Managing Stable SVT in Acute Care Cardiac Unit 

Learning Objectives:

- Pick at least 2 objectives you want learners to walk away with
 - Identify stable SVT
 - Verbalize appropriate vagal maneuvers to attempt
 - Demonstrate proper med prep of adenosine with a 2nd RN using 5 Rights
 - Demonstrate correct adenosine administration using 2 RN method
 - Recognize the need to call RRT for ICU transfer

Review Content with Subject Matter Expert(s):

- To confirm accuracy and minimize ambiguity
 - Angela – unit Clinical Nurse Specialist
 - Resuscitation Committee

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Managing Stable SVT in Acute Care Cardiac Unit

Supplies Needed:

- Pre-printed 12 lead EKG showing SVT
- Fake adenosine
- Training defibrillator pads
- Functional IV with drain bag (to infuse meds into)

Resources:

- What written resources should staff utilize / refer to
 - Managing stable SVT
 - Code Blue policy

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Managing Stable SVT in Acute Care Cardiac Unit – Scenario Building

Scenario Background:

- What would be an appropriate patient for the listed learning objectives? Consider age, weight, history, and admission reason. What brings the participants to the patient?
- 2 month old with history of Wolff-Parkinson-White & VSD admitted to CSCU (or floor) s/p VSD closure POD 3. You hear his monitor alarming for high heart rate and go in his room to check on him, parent is sleeping bedside.

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Managing Stable SVT in Acute Care Cardiac Unit – Scenario Building


Stage 1: Assess, recognize situation needs, necessary escalations, anticipated interventions

- Display VS screen with waveforms
- Participants will:
 - Recognize SVT
 - Assess patient to determine stable vs unstable
 - Patient awake, fussy but consolable; parent in room
 - Pulses 2+, Cap refill 3 seconds, Pink, warm, afebrile (36.8)
 - Check IV access for patency
 - Call Provider to notify

Vital Signs:
 HR: 220
 RR: 34
 O₂: 97% on RA
 BP: 84/58
 Temp: normal

60

Managing Stable SVT in Acute Care Cardiac Unit – Scenario Building




Stage 2: Post-intervention assessment data, expectation of next actions and escalations

- While waiting for Provider to arrive, attempt vagal maneuvers (unsuccessful)
 - Ice to face
 - Knees to chest
 - Carotid massage
 - Suctioning
- 12 lead EKG ordered and obtained
- Provider arrives, assesses patient and reads 12 lead result
 - Confirms stable SVT
 - Orders adenosine
- RN obtains adenosine and supplies (unsuccessful)
- RN draws up ordered dose, primes stopcock with flush and attaches med
 - 5 Rights verbalized and 2 RN administration
 - RN places defib pads on patient to prepare for electrical cardioversion

Vital Signs:
 HR: 220
 RR: 36
 O₂: 97% on RA
 BP: 84/58
 Temp: normal

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Managing Stable SVT in Acute Care Cardiac Unit – Scenario Building




Stage 3: Post-intervention assessment data, expectation of next actions and escalations

- Patient assessment completed by provider and bedside staff
 - Still in stable SVT, adenosine was unsuccessful in chemical cardioversion
- Call RRT if not already called – for transfer to higher level of care
- If patient is in IMCCU:
 - RN places defib pads on patient to prepare for electrical cardioversion

Vital Signs:
 HR: 220
 RR: 36
 O₂: 88% on RA
 BP: 110/65
 Temp: normal

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Managing Stable SVT in Acute Care Cardiac Unit – Scenario Building




Scenario ending:

- Have the participant give a scenario summary as a way to segue into debriefing
 - Rapid Response Team arrives
 - RN gives SBAR to RISK to begin transfer to ICU process
 - Parent in the room asks “what is going on?”
 - RN uses non-medical jargon in response to:
 - Summary of events
 - Decision to transfer to ICU
 - Likely next steps

Vital Signs:
 HR: 220
 RR: 36
 O₂: 88% on RA
 BP: 110/65
 Temp: normal


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Pain AIR Cycle & X-Ray Positioning (NICU) 

Learning Gap/Recent Practice Changes:

- Review of Safety Events, documented safety concerns, commonly occurring mistakes, ideas from staff, etc.
- From staff report: NICU patients getting X-rays for PICC line placement verification are often needing repeat X-rays due to improper positioning
 - Concern for patients receiving unnecessary extra radiation exposure
- From DNV citation: patients receiving pain medications do not consistently have their pain re-evaluation documented within 60 minutes of receiving a PRN medication
 - Regulatory violation

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Pain AIR Cycle & X-Ray Positioning (NICU) 


Learning Objectives:

- Pick at least 2 objectives you want learners to walk away with
 1. Document pain assessment corresponding
 2. Choose appropriate PRN (when multiple options exist) that corresponds with documented pain score
 3. Verbalize when documentation of pain reassessment score is required (within 30-60 minutes of the PRN)
 4. Using a positionable doll, position patient appropriately for various PICC line placement verification X-rays

Review Content with Subject Matter Expert(s):

- To confirm accuracy and minimize ambiguity
 - NICU Clinical Nurse Specialist
 - PICC insertion-trained RN

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Pain AIR Cycle & X-Ray Positioning (NICU) 

Supplies Needed:

- Positionable doll with PICC line
- Printed MAR with various PRN options available
- Printed and laminated screenshot of pain documentation section
 - For staff to indicate what they would document and where

Resources:

- What written resources should staff utilize / refer to
 - Peripherally Inserted Central Catheter (PICC) Insertion and Management in the NICU, 10811
 - NICU Comfort Protocol, 10270

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Pain AIR Cycle & X-Ray Positioning (NICU) - Scenario Building



Scenario Background:

- What would be an appropriate patient for the listed learning objectives? Consider age, weight, history, and admission reason. What brings the participants to the patient?
 - 37 wk gastroschisis admitted [insert time] for repair at bedside. PICC line placed on admission by NICU PICC RN for parenteral nutrition while NPO. No caregivers at bedside.
 - If night shift: coming on after all procedures were done late afternoon, still needs X-ray done for initial PICC line placement verification
 - If day shift: coming on day after admission, pt needs 24 hour post PICC placement X-ray

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Pain AIR Cycle & X-Ray Positioning (NICU) - Scenario Building



Stage 1: Assess, recognize situation needs, necessary escalations, anticipated interventions

- Post procedure, Juniper still has sedation onboard and is resting comfortably
- SL PICC in RUE running:
 - PN @ 8
 - IL @ 1.5
 - Morphine @ 0.002 mg
 - Precedex @ 0.5
- Intubated on Volume Guarantee

Vital Signs:
HR: 130s
RR: 50s
O₂: 97%
BP: 78/40
Temp: normal

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Pain AIR Cycle & X-Ray Positioning (NICU) - Scenario Building




Stage 2: (1 hour later) Post-intervention assessment data, expectation of next actions and escalations

- Cardiorespiratory monitor begins alarming
 - Patient is grimacing, fussy, inconsolable with reposition, swaddle, and pats
- RN actions:
 - Assess pain using N-PASS and document
 - Look at available PRN medications
 - Select morphine (rated for moderate-severe pain)
 - Draw up and administer pain med
 - Look at available PRN medications
 - Note time and set reminder to reassess pain ~45 minutes later

Vital Signs:
HR: 170s
RR: 80s
O₂: 91-94%
BP: 88/45
Temp: normal

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Pain AIR Cycle & X-Ray Positioning (NICU)
- Scenario Building




Stage 3: (~45 min later) *Post-intervention assessment data, expectation of next actions and escalations*

- RN reassesses patient
 - Pain score now 0, document appropriately
- Portable X-Ray arrives for line placement verification imaging
 - RN positions patient appropriately
 - Refer to policy for proper positioning

Vital Signs:
 HR: 130s
 RR: 50s
 O₂: 97% on VG
 BP: 75/38
 Temp: normal

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Pain AIR Cycle & X-Ray Positioning (NICU)
- Scenario Building



Scenario ending: *Have the participant give a scenario summary as a way to segue into debriefing*

- Going on lunch break – give coworker a brief summary
 - Include latest PRNs given and what may still be available if needed

Vital Signs:
 HR: 130s
 RR: 50s
 O₂: 97% on VG
 BP: 75/38
 Temp: normal

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