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spn



Current Hospital

Coming 2027



A slide with a blue-to-orange gradient background. It features the 'spn' logo in the top left. The main title 'Current Hospital' is positioned to the right of a photograph of an existing multi-story brick hospital building. Below this, the text 'Coming 2027' is placed to the left of a photograph of a modern, multi-story glass and steel hospital building. The background also includes silhouettes of palm trees and birds in flight.

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Objectives

- Define hair care for hospitalized patients
- Incorporate research & EBP in hair care
- Facilitate hair care education for nurses

A slide with a blue-to-orange gradient background. It features the 'spn' logo in the top left. The title 'Objectives' is centered. Below the title is a bulleted list of three objectives. The background also includes silhouettes of palm trees and birds in flight.

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More Than Just Hair

spn




A slide with a blue-to-orange gradient background. The title 'More Than Just Hair' is at the top left, and the 'spn' logo is at the top right. Below the title is a collage of four photographs showing diverse women with various hair types and styles: a woman with long dark hair, a woman with curly hair, a young girl with braids, and a woman with long blonde hair.

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Research Purpose

- Social determinants of health
- Patient & staff concerns
- Limited products
- Examine nurses' skills set

"There needs to be a selection of tools and products available through supplies"





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Methods

- Mixed Method Study
- All Staff RNs
- Pre/Post Survey via email
- Interventions (Education/Tools)
- Data Analysis






Photo courtesy of Freepik

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Interventions

- Hands-On education
- Hair Care Champions
- Sourcing for products
- Trial products & post survey
- Implementation







Hair Shampoo Education

1. Perform hand hygiene before patient contact. Don appropriate personal protective equipment (PPE) based on the patient's need for isolation precautions or the risk of exposure to bodily fluids.
2. Introduce yourself to the patient and family.
3. Verify the correct patient using two identifiers.
4. Assess the patient's history for shampoo allergies and contraindications to the procedure.

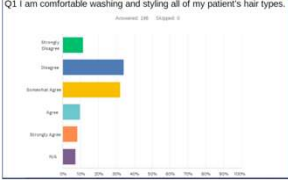
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Results

- 197 Pre-surveys; 98 Post-surveys
- >97% Caucasians
- 96% requested need for education
- Excess feedback on hair needs

Q1 I am comfortable washing and styling all of my patient's hair types.



Hair Type	Percentage
Black hair	~10%
Curly hair	~25%
Chemically treated hair	~35%
Thin hair	~15%
Wavy hair	~15%
None	~5%

SPN logo

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Voices From Nurses

Pre-Survey Comments

- Texture hair education is needed in ICU where patient input is rare
- A flyer or general awareness to staff and families on products
- Teach ways to care for all types of hair
- How do you wash hair & style?
- AA need separate shampoos
- There needs to be choices

Post-Survey Comments


- Cultural hair care products needed
- Detanglers, shampoos & combs
- May be another survey asking ideas on how to care for hair
- The project is taking too long, it should not be too hard to get
- I did not receive any education and still no new products




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Implication for Practice

- Culturally competent care
- Opportunities for collaboration
- Opportunities to innovate
- Acknowledge realities & act



Hair Care Matters!



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Facilitate Hair Care spn

- Created alliances
- Assessed hair care products
- Personalized care
- Encouraged family participation
- Sought assistance from colleagues
- You can do this



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Facilitate Hair Care spn

- Combs
- Bonnets
- Brushes
- Shampoo
- Lotion
- Detangler
- Hair spray



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Before & After Study spn



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Our Journey to Hair Care Equity

Marathon Versus Sprint

- 2021-Discuss care equity project following CHA education
- 2022-Discussions with nurses on current state of hair care
- 2022-Presentation at American Academy of Nursing
- 2022-IRB approval for study
- 2023-CHAN Survey
- 2023-Care Champions Education
- 2023-Meeting with Supply Chain
- 2023-Trial of products
- 2024-Trial of more products
- 2025-Practice Council approval
- 2026-Combs, Bonnets, Products

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Next Steps

- Solidify plans on products
- Continue to assess & evaluate
- Consider a system wide project
- Disseminate/Publish



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Conclusion

- Discussed Hair care & Explained Complexities
- RNs Incorporating Research & EBP for Change
- Described our Hospital's Journey in Hair care
- Shared Next Steps & Continue to Gain Ideas



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Questions?

Thank YOU!

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