

Empowered, Caring, and Engaged

A Roadmap for Today's Nursing Workforce

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Key Take Aways

Common ways disruptive behaviors show up

- Yelling, cursing, criticizing, arguing in front of patients
- Seniors versus juniors
- Treating agency or “float” professionals with cruelty
- Shift Wars

How to become EMPOWERED, ENGAGED, AND CARING!

- Create Sacred Spaces
- Protect New Employees (Mother Bear)
- Roll Out the Red Carpet
- Set the Next Shift Up for Success

How to become a better co-worker.

Become...

- an upstander – not a bystander
- comfortable being uncomfortable
- a better decision maker
- more supportive – less critical
- kinder
- a better role model

Discussion Corner

1. How do disruptive behaviors show up in our department?
2. What can we do to create a welcoming, nurturing, and supportive work environment?
3. How can I become a better coworker to my colleagues?

Additional Resources

Resource (click links)	QR Code
Healthy Workforce Framework™ Toolkit	
5 Ways to Become a Better Coworker	
Power Scripts to Confront Disruptive Behavior	
9 Ways to Welcome and Protect New Nurses	
Cultivating a Healthy Workforce (program)	