# **Conceptualizing the Mechanisms of Social Determinants of Health: A Heuristic Framework to Inform Future Directions for Mitigation of Health Inequity**

Society of Pediatric Nurses 34<sup>th</sup> Annual Conference April 19, 2024 Phoenix, AZ

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# **Presentation Agenda**

Health Inequities: A Defining Characteristic of the US Healthcare System

A **Paradigm Shift**: Integration of Clinical Expertise and SDOH Mitigation

Conceptualizing the Mechanisms of SDOH for Multi-Level **SDOH** Mitigation

The Path Forward: Nurse-Driven Practice, Policy, and Advocacy



# Health Inequities: A Defining Characteristic of the US Healthcare System

# Health Inequity is a Defining Characteristic of the US Healthcare System

# **Health Inequities:** Systematic unjust and unfair differences limiting the opportunity for individuals, families and communities to achieve their optimal health.

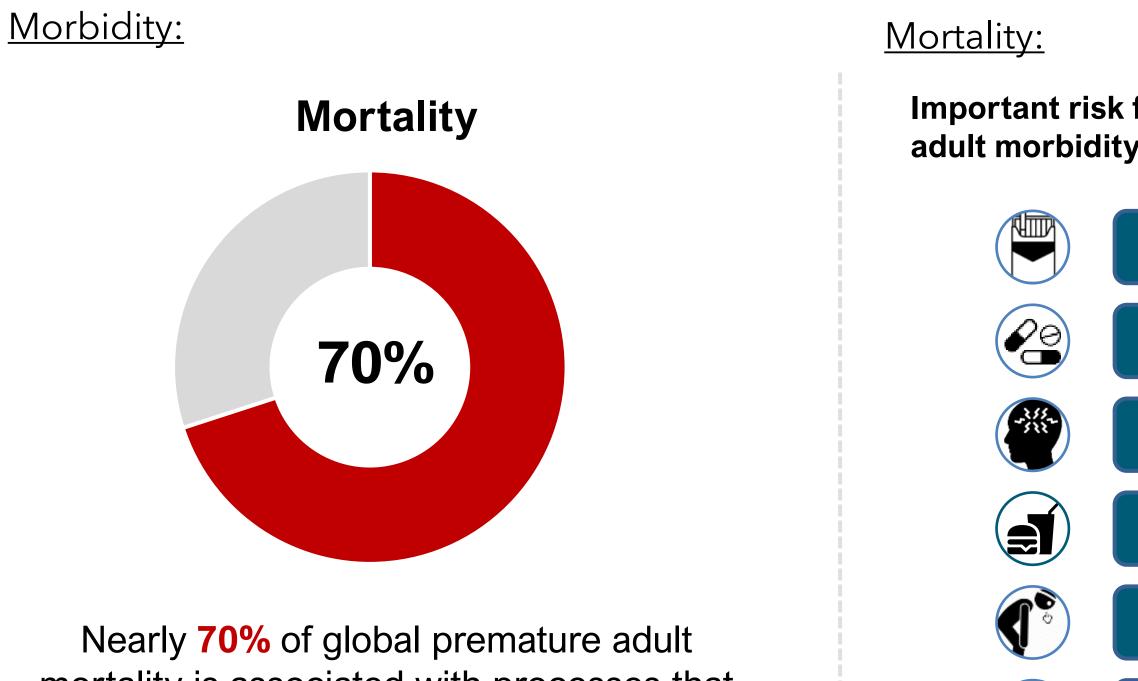


**2. Distribution of Health Resources**  $\rightarrow$ Accessibility, acceptability, availability, and quality of health services

**3. Social Conditions**  $\rightarrow$  Circumstances in which individuals are born, grow, live, work, and age

 $\rightarrow$  Morbidity and mortality differentials

# Health Status: Morbidity and Mortality



Nearly **70%** of global premature adult mortality is associated with processes that initiate in adolescence.

Banspach, S., et al. (2016). Morbidity and Mortality Weekly Report. 65(30);759–762; Centers for Disease Control and Prevention (2019). Youth Risk Behavior Surveillance.

# Important risk factors that contribute to significant adult morbidity typically start in adolescence:

Tobacco use

Alcohol and drug use

Mental health issues

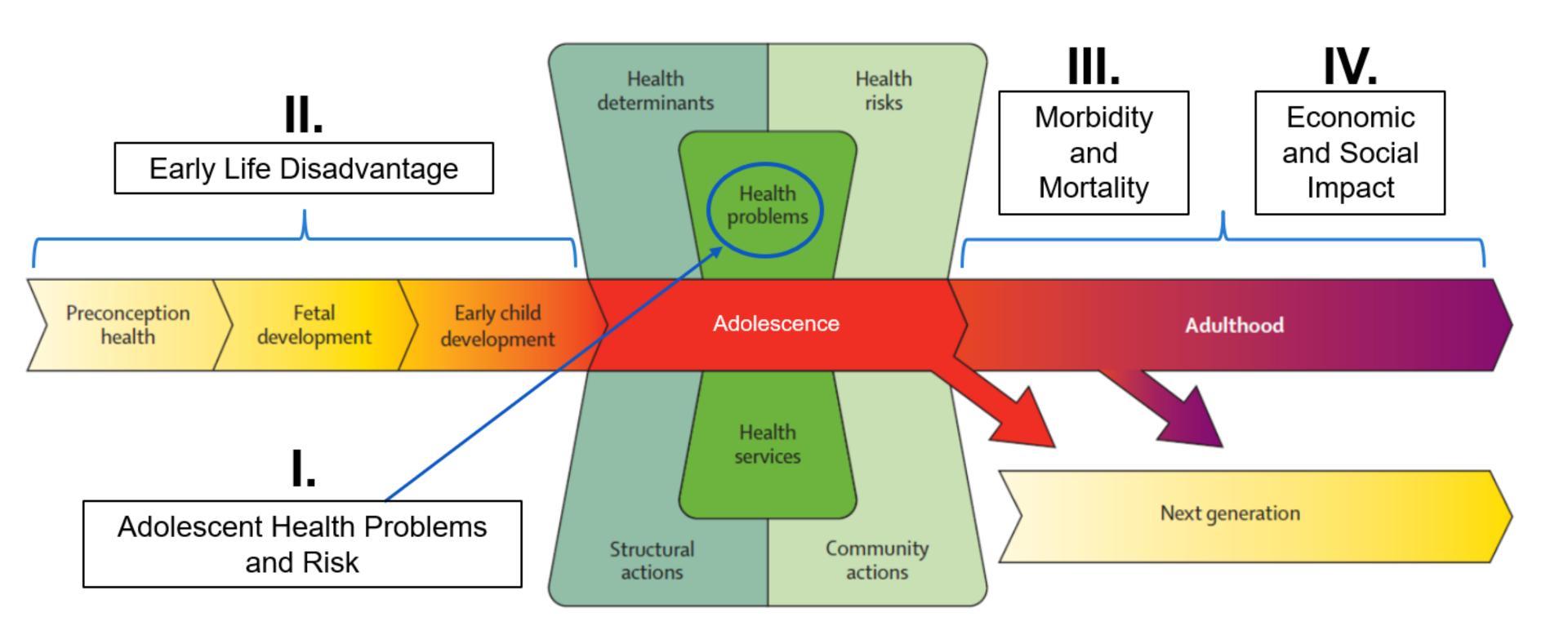
Unhealthy dietary behavior

Inadequate physical activity

Risk behaviors resulting in unintentional injury

Sexual risk behaviors

# **Adolescence as a Critical Developmental Period**



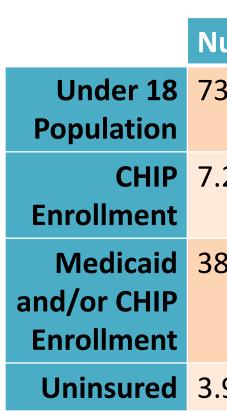
Patton, G. C., et al. (2016). Our future: A Lancet commission on adolescent health and wellbeing. The Lancet, 387(10036), 2423-2478.;



# $\rightarrow$ ~1 in 10 Americans are uninsured (31.6 million)

# $\rightarrow$ 1 in 5 Americans are underinsured\*

# $\rightarrow$ 2 in 5 American children are covered by a public option such as Medicaid



According to a KFF analysis, approximately 2.2 million uninsured children are eligible for Medicaid or CHIP.

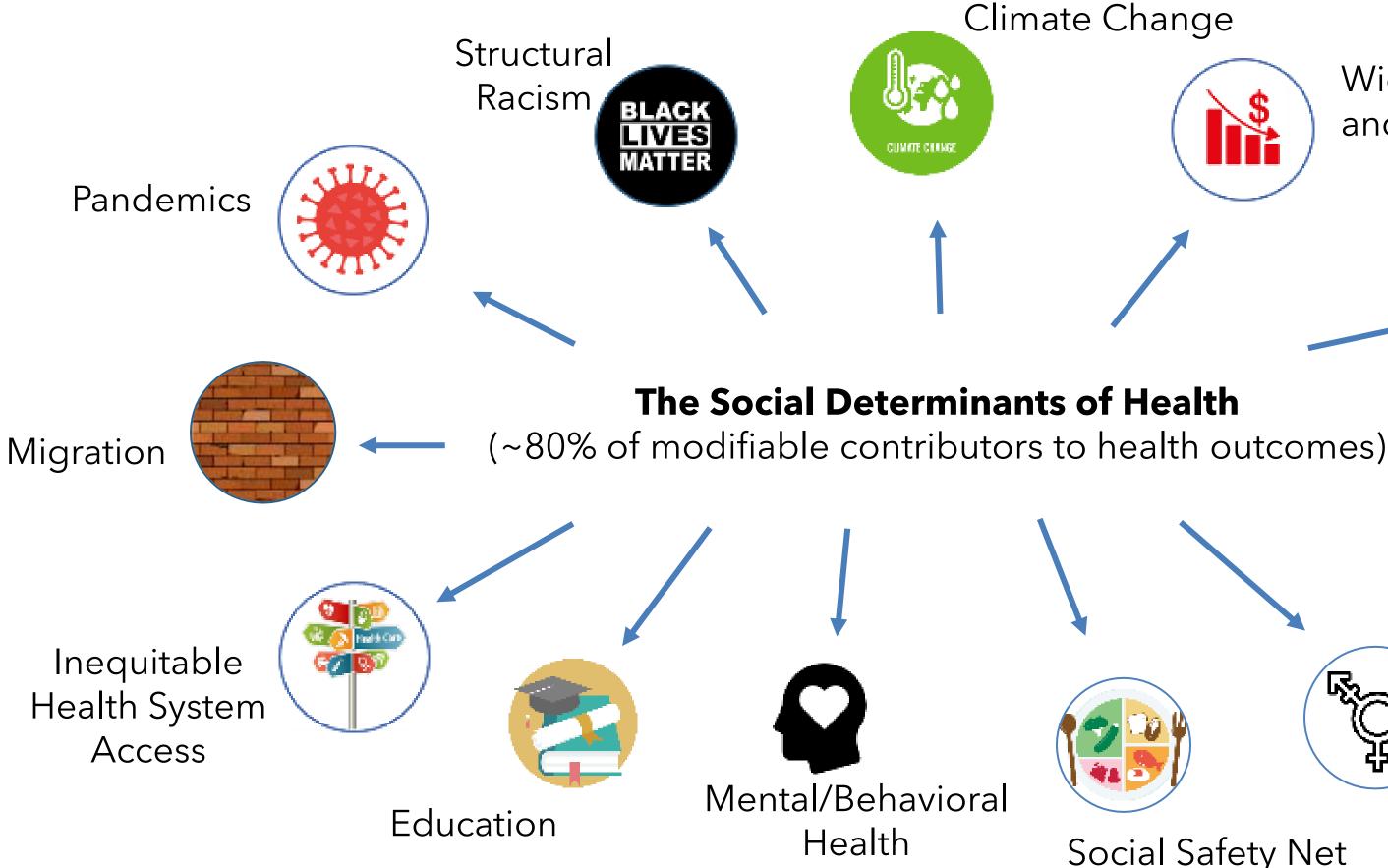
Cha AE, et al. Demographic variation in health insurance coverage: United States, 2020. CDC National Health Statistics Reports. 2022; (169).; Ortaliza J, et al. How does cost affect access to care? Peterson-KFF Health System Tracker. 2022.; Drake P, Rudowitz R, Tolbert J, Published AD. A Closer Look at the Remaining Uninsured Population Eligible for Medicaid and CHIP. KFF. Published March 15, 2024.; Total Number of Children Ever Enrolled in CHIP Annually. KFF. Accessed April 12, 2024.; Ogunwole S, Rabe M, Roberts A, Caplan Z. Population Under Age 18 Declined Last Decade. Census.gov. Accessed April 12, 2024.;December 2023 Medicaid & CHIP Enrollment Data Highlights. Medicaid.gov. Published March 28, 2024. Accessed April 12, 2024.

#### Healthcare Coverage, Population under 18, **United States**

lumber	Percentage
3.1 million	22% of total US population
.2 million	<b>12%</b> of under 18 population
8.3 million	<b>49%</b> of under 18 population
.9 million	5% of under 19 population

# Social, Commercial and Political Conditions





Magnan S, Social determinants of health 101 for health care: Five plus five. NAM Perspectives. 2017.







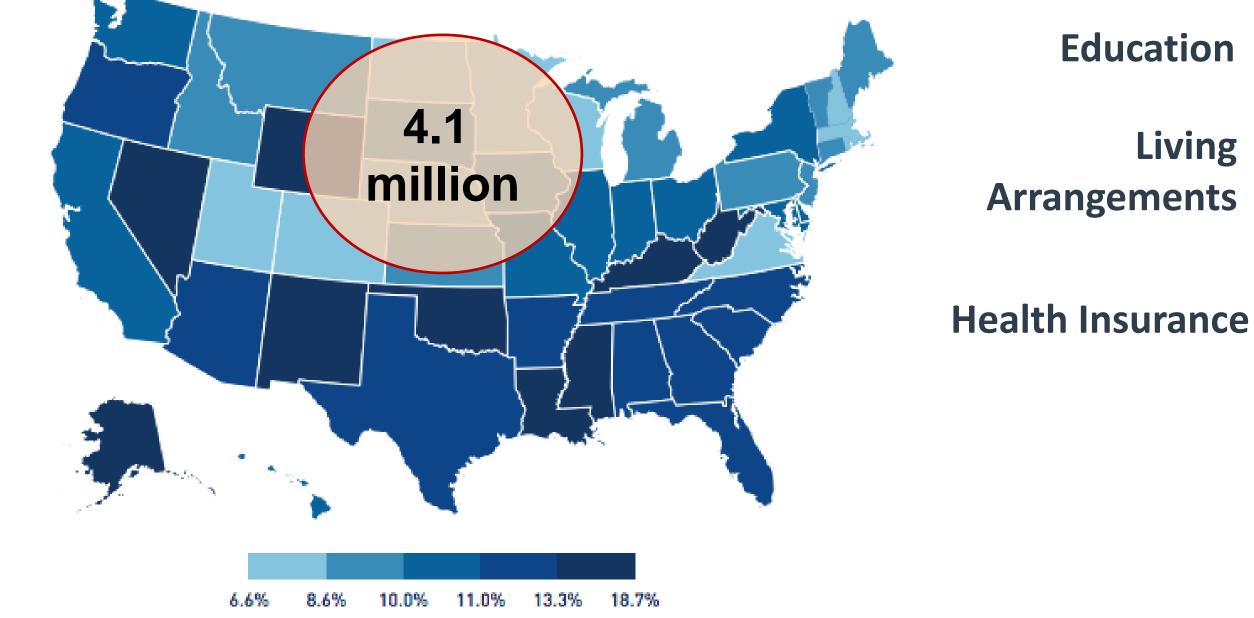
Sexual and **Reproductive Rights** 

Social Safety Net

# **Costs of Health Inequities: AYA Population**

## **Disconnected Youth in the US**

16-24 year olds who are not in school and do not have a job account for \$55 billion in forgone tax revenue annually and additional expenditures for health and social services.



Lewis, K., Gluskin, R. (2018). Two Futures: The Economic Case of Keeping Youth on Track. Measure of America, Social Science Research Council.; Lewis K. A Decade Undone: 2021 Undate. New York: Measure of America. Social Science Research Council. 2021

## **Disconnected vs Connected Youth:**

**Poverty** 

Education

Living Arrangements

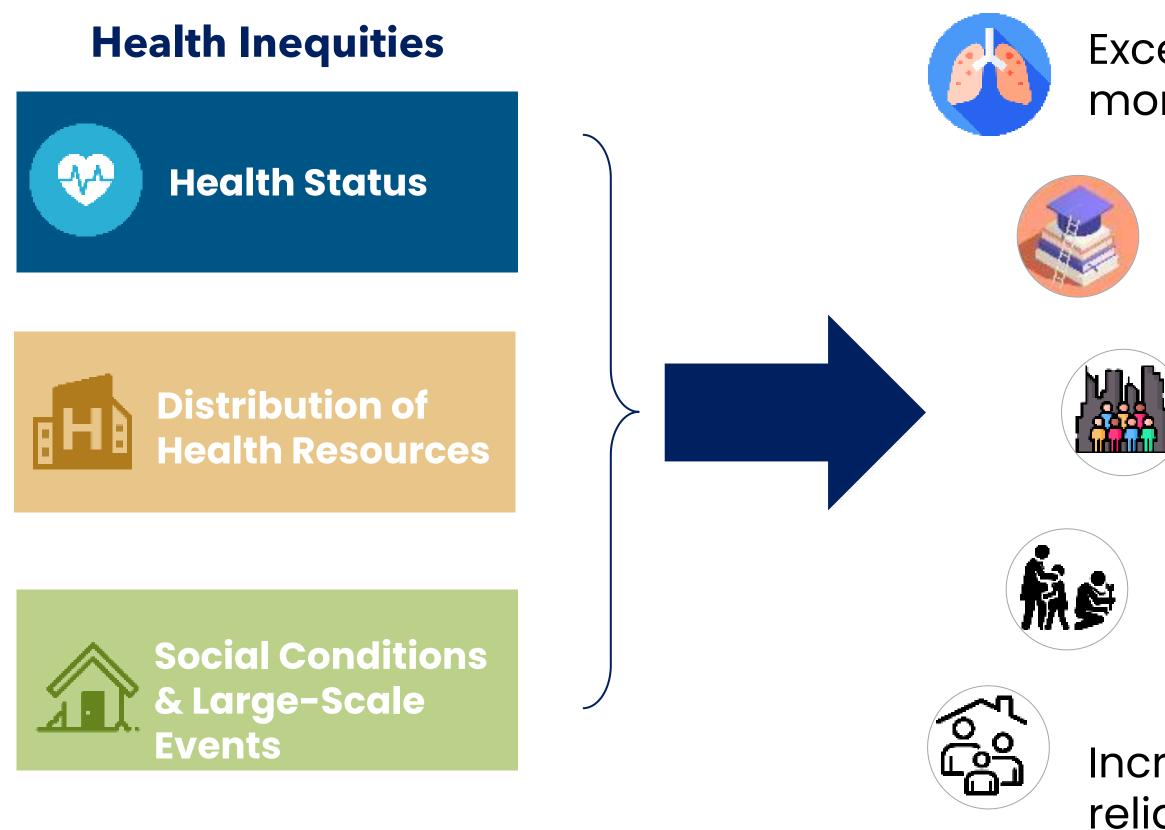
Nearly twice as likely to experience poverty

8x as likely to have dropped out of high school

22% of disconnected youth live apart from both parents at ages 16-17 (vs. 8.3%)

25% of disconnected youth are uninsured (vs. 11%)

# **The Human Costs of Health Inequities**



OECD, Health at a glance 2017, OECD Indicators, Chapter 2. 2017.; Rothstein B, Uslaner EM. All for all: Equality, corruption, and social trust. World Politics. 58(1). 2005. Johns Hopkins University Press.; Schoch D, 1 in 5 Americans now provide unpaid family care. AARP. 2020.; Umberson D, et al. Death of family members as an overlooked source of racial disadvantage in the United States. Proc Natl Acad Sci. 2017; 114(5).; USDHHS & ODPHP, Social Cohesion. Healthy People 2030. N.d.

Excess morbidity, premature mortality

# Unfulfilled human potential

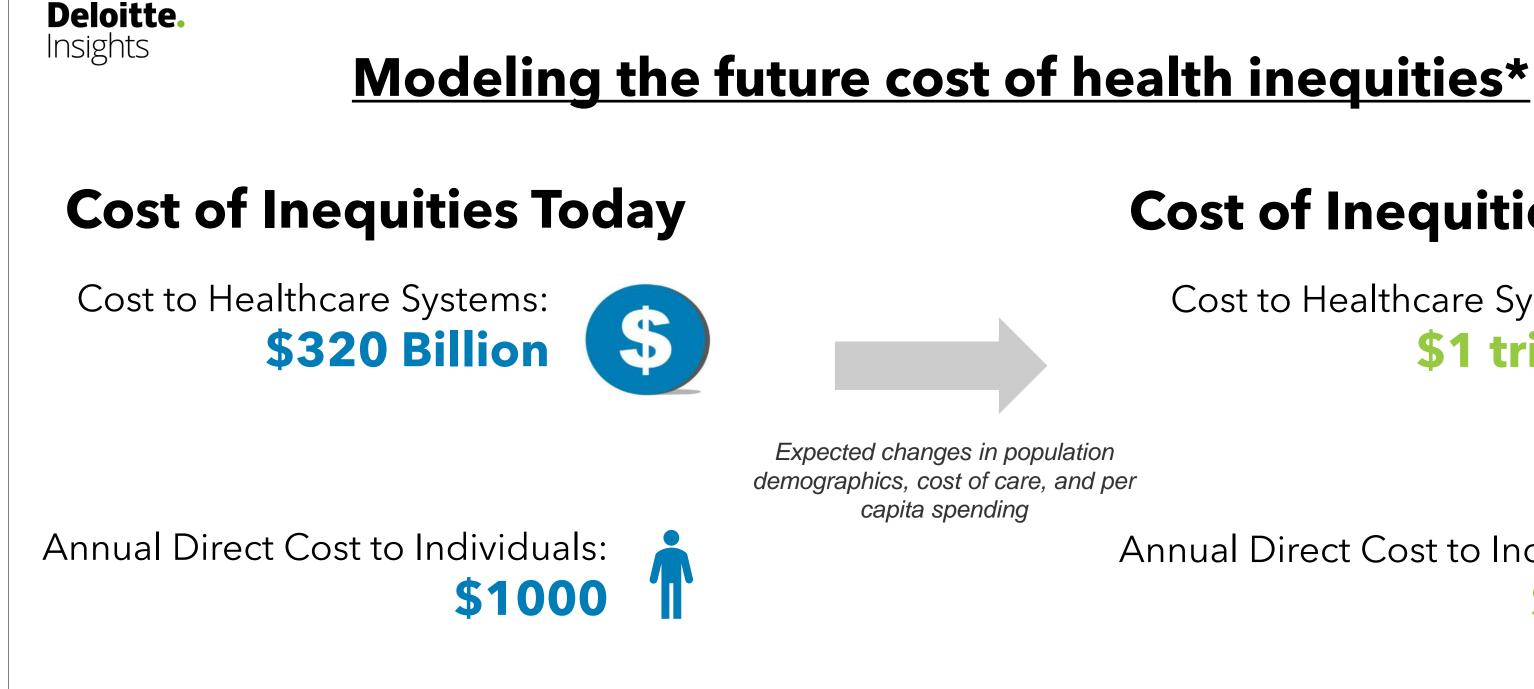


**Eroded social cohesion** 

**Excess bereavement** 

## Increased unpaid caregiver reliance

# Without progress on reducing health inequities, their cost is projected to triple by 2040.



\*Calculations and estimates based on a set of high-cost diseases (e.g. breast cancer, diabetes, colorectal cancer, asthma, and cardiovascular disease) and the corresponding proportion of spending attributed to health inequities.

Source: Bhatt J, et al. Deloitte Insights: US health care can't afford health inequities. https://www2.deloitte.com/us/en/insights/industry/health-care/economic-cost-of-health-disparities.html

# **Cost of Inequities in 2040**

# Cost to Healthcare Systems: **\$1** trillion



# Annual Direct Cost to Individuals: \$3000

# **Racial/Ethnic Inequities Within a Historic Context**

Report of the Secretary's Task Force on

Black & Minority Health

Margaret M. Heckler Secretary

"Life expectancy reached a new high...Nevertheless, Blacks today [in 1985] have a life expectancy already reached by Whites in the early 1950s, or a lag of about 30 years."

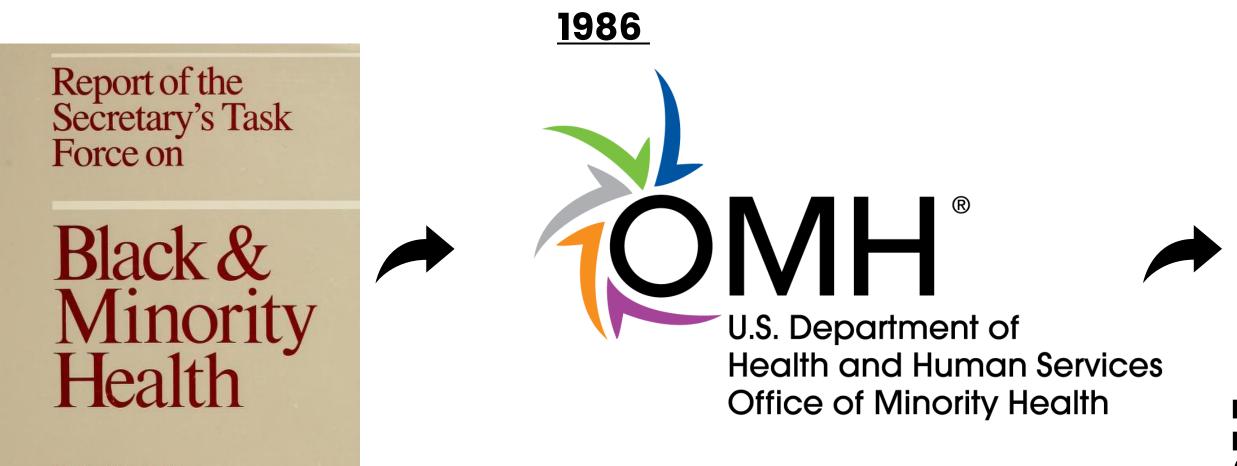
## <u>1985 Heckler Report:</u>

## The first **national convening to explore** racial and ethnic disparities, primarily evident in *health status*

#### For Example:

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# The Policy Response to the Heckler Report



Margaret M. Heckler Secretary

> <u>**OMH Mission</u>**: To improve the health of racial and ethnic minoritized populations through the development of health policies and programs that <u>**eliminate health disparities**</u></u>

**Source:** OMH. https://minorityhealth.hhs.gov/about-office-minorityhealth#:~:text=The%20mission%20of%20the%20Office,will%20help%20eliminate%20health%20disparities. NIMHD. https: //www.nih.gov/about-nih/what-we-do/nih-almanac/national-institute-minority-health-health-disparities-nimhd

#### <u>2010</u>



National Institute on Minority Health and Health Disparities

Previously: the National Center on Minority Health and Health Disparities (2000)

<u>NIMHD Mission</u>: To <u>lead</u> scientific research to improve minority health and <u>eliminate health disparities</u> (Congressional Mandate)

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# **US Health Inequities Within a Historic Context**

# TREATMEN

CONFRONTING RACIAL AND ETHNIC **DISPARITIES IN HEALTHCARE** 

## **2003 Unequal Treatment Report:**

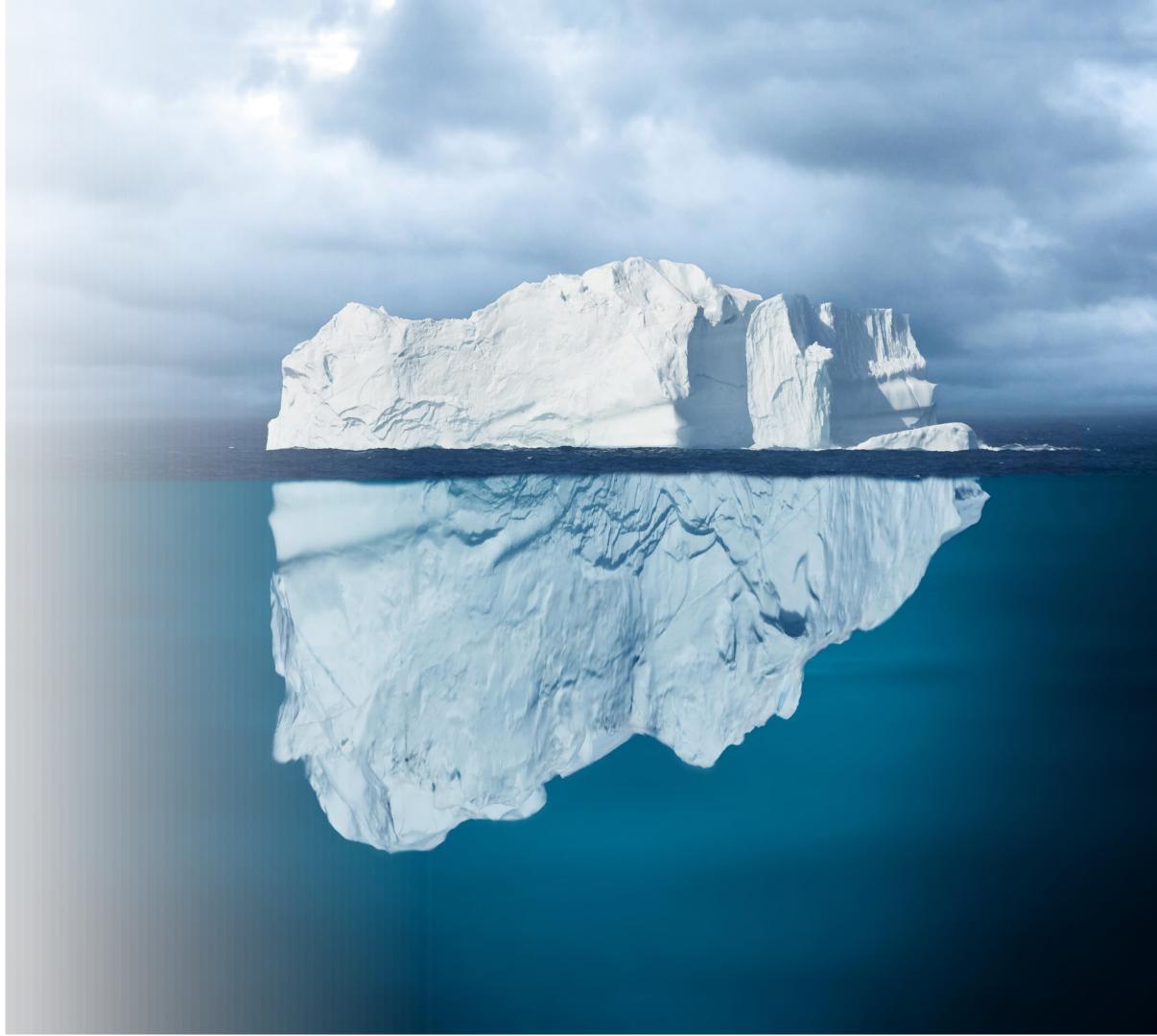
Landmark report to point to longstanding systemic and structural racism in healthcare - not poverty, lack of access, treatment refusal, or other social conditions as a major reason for the nation's deeply entrenched health disparities

Source: NASEM. Unequal Treatment. 2003. https://nap.nationalacademies.org/catalog/12875/unequal-treatment-confronting-racial-and-ethnic-disparities-in-health-care

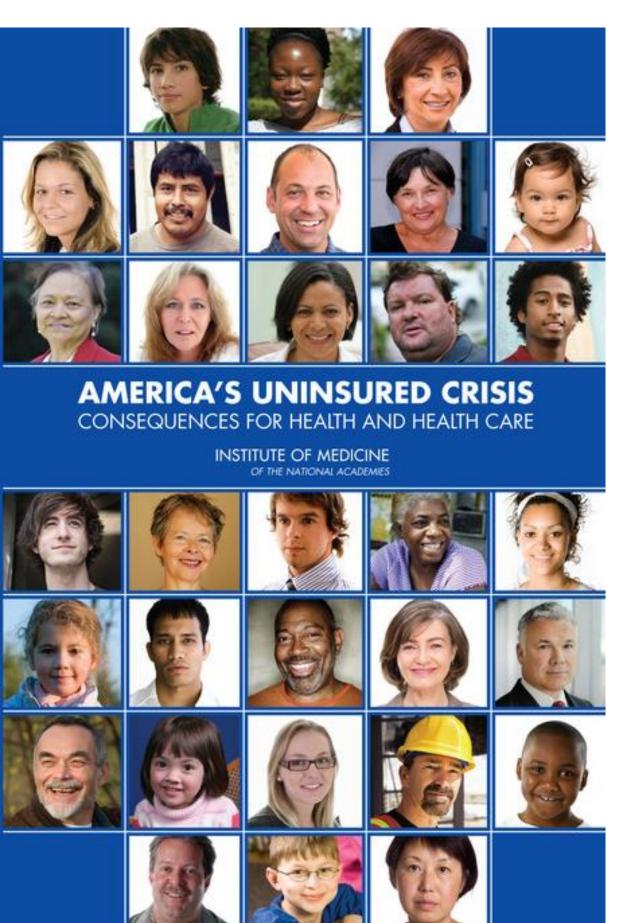
# The Societal Costs of Health Inequities

In the U.S., the burden of health inequities is **most evident** amongst *minoritized* and *marginalized populations* 

However, health inequities impact us **all.** 



# The Myth of the Zero-Sum Game



Source: NASEM. America's Uninsured Crisis. https://nap.nationalacademies.org/download/12511#

## Policies and practices for marginalized and minoritized populations improve outcomes for everyone

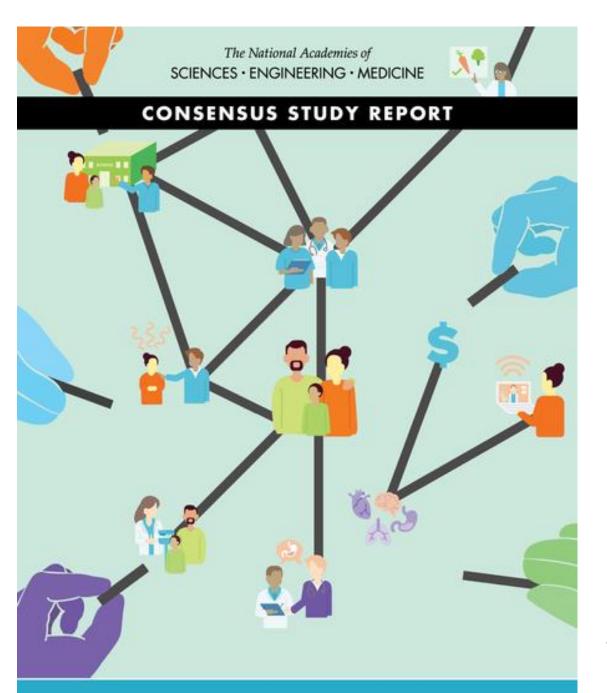
For Example:

When **community-level uninsurance rates** are high [e.g., in communities with more minoritized individuals] insured individuals face greater difficulties in receiving care.

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# A Paradigm Shift Towards Integration of Clinical Expertise and SDOH

# **Investment in Primary Care Vs. Specialty Care**



#### **Implementing High-Quality Primary Care**

Rebuilding the Foundation of Health Care

Primary care is the ONLY form of healthcare that is associated with:

# **Population health impact**

AND improves health equity, healthcare quality, and lowers long-term healthcare expenditures (Strange, K.C. et al.)

McCauley, L. et al. (co-chair): The NASEM Implementing High-Quality Primary Care report elevates the importance of the interprofessional healthcare workforce and highlights nurses as critically important in the elimination of health inequities.

Stange KC, Miller WL, Etz RS. The Role of Primary Care in Improving Population Health. The Milbank Quarterly. 2023 Apr 1;101(S1):795-840. National Academies of Sciences, Engineering, and Medicine. 2021. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care. Washington, DC: The National Academies Press. https://doi.org/10.17226/25983.

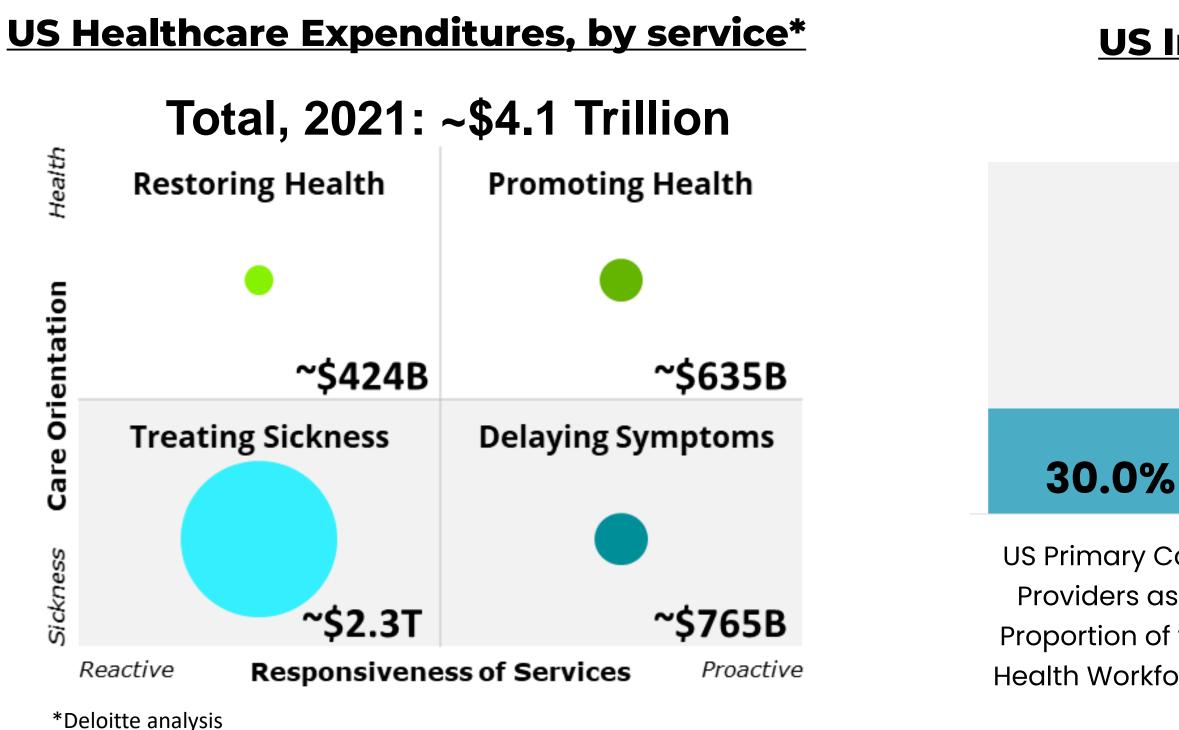


Access Here:



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# **Investment in Specialty Care vs. Primary Care**



National Academies of Sciences, Engineering, and Medicine. 2021. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care. Washington, DC: The National Academies Press. https://doi.org/10.17226/25983.; Kringos DS, Boerma W, van der Zee J, Groenewegen P. (2013). Europe's strong primary care systems are linked to better population health but also to higher health spending. Health Affairs, 32(4); 686-694.; Bhatt J et al. Future of Health x Health Equity. Deloitte at the Duke University School of Nursing: 60th Annual Harriet Cook Carter Lecture. February 22, 2023.



#### **<u>US Investment in Primary Care</u>**

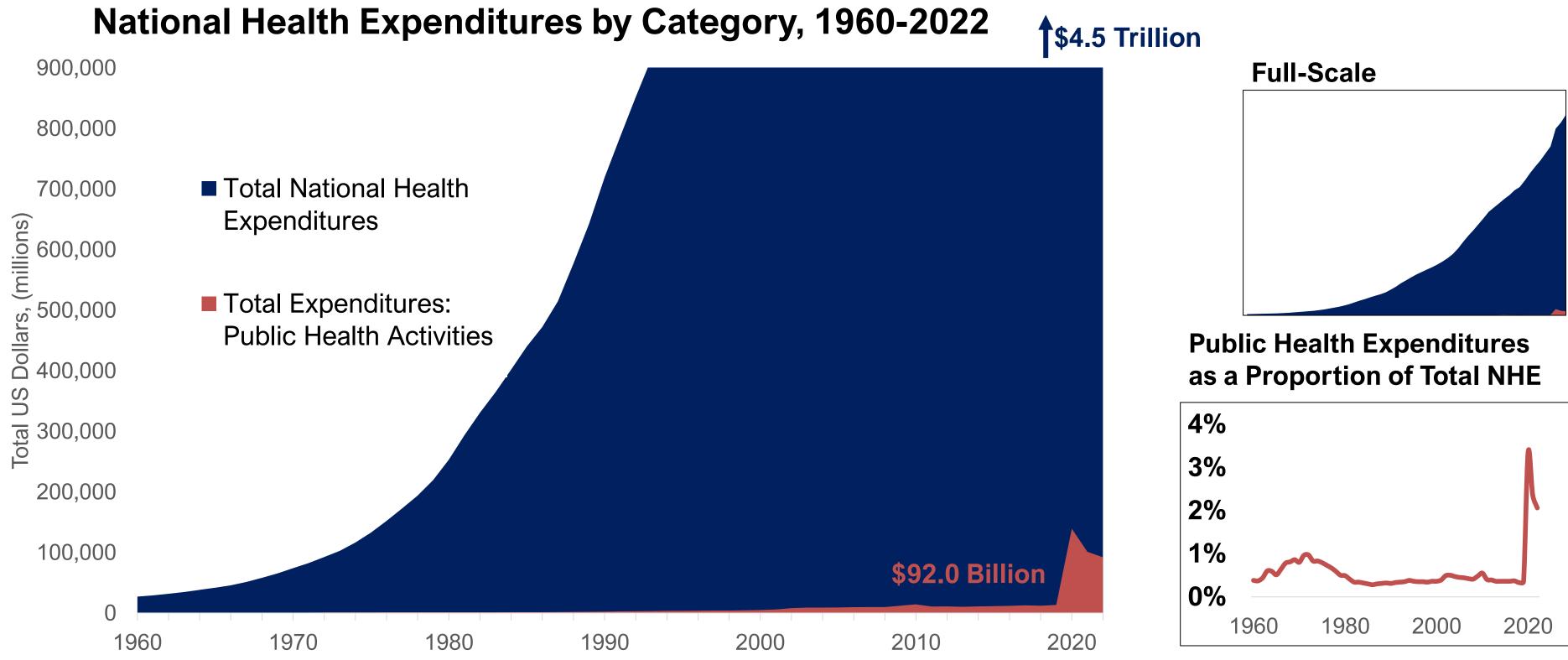
	6.0%	
are a the orce:	Primary Care Expenditures as a Proportion of Total Health Spending:	

0.2%

**Primary Care** Research Expenditures as a **Proportion of Total NIH Spending:** 

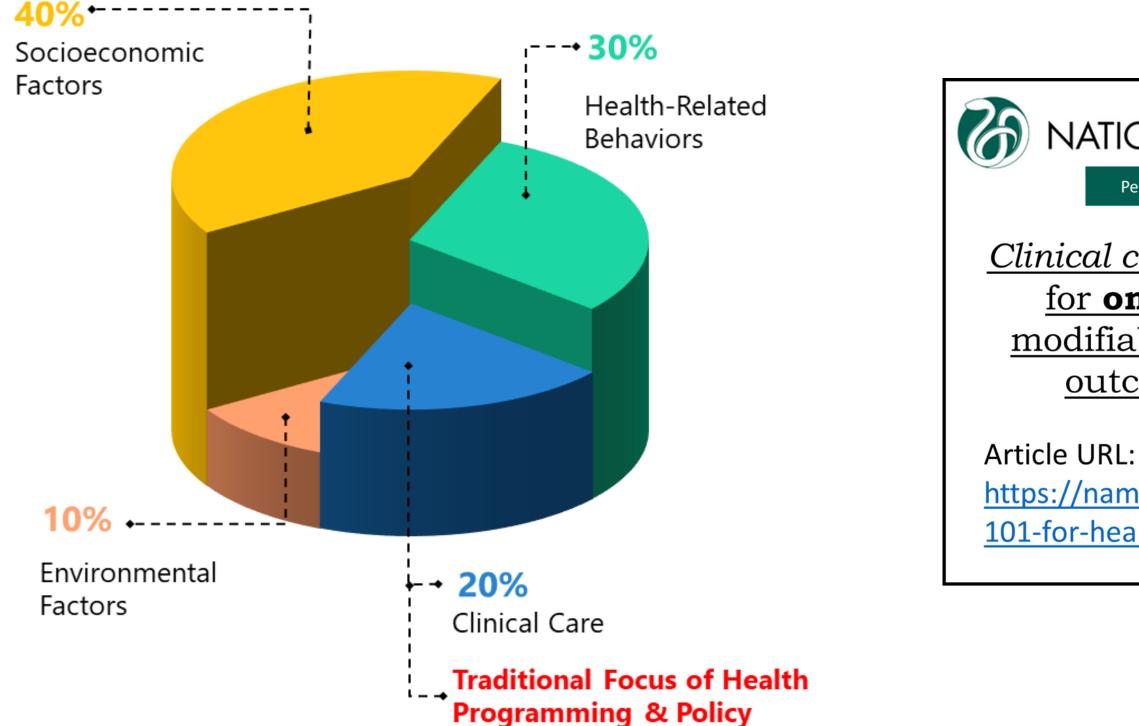
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# **Public Health Spending as a Proportion of Total Health Expenditures**



Centers for Medicare & Medicaid Services. National Health Expenditures by type of service and source of funds, CY 1960-2022. https://www.cms.gov/data-research/statistics-trends-and-reports/national-health-expenditure-data/historical

# **A Paradigm Shift Towards Combining Clinical Care and SDOH**



Source: Hood CM, Gennuso KP, Swain GR, Catlin BB. County health rankings: Relationships between determinant factors and health outcomes. Am J Prev Med. 2016;50(2):129-135; Magnan S. NAM Perspectives. 2017 Oct 9.

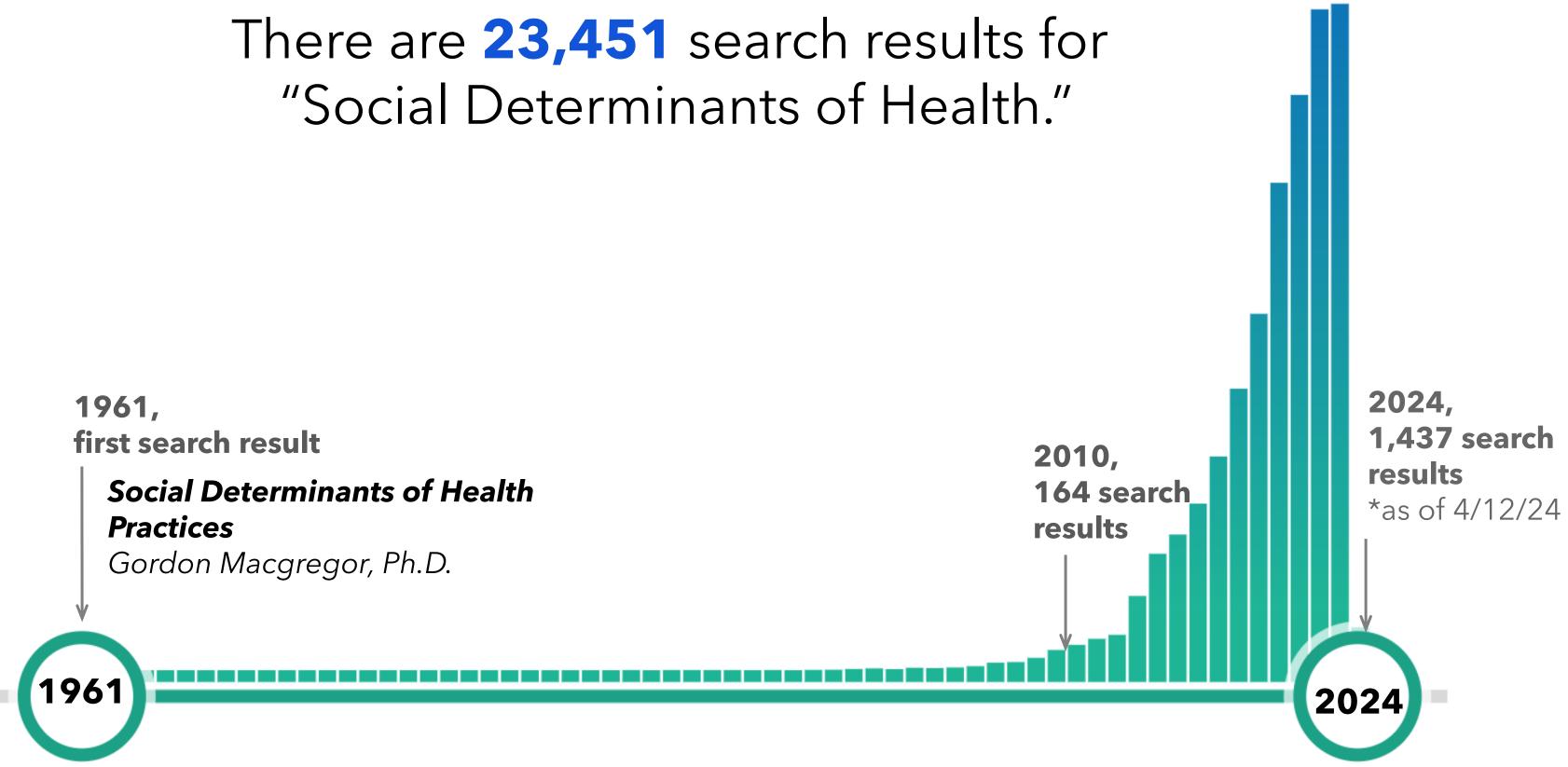
#### NATIONAL ACADEMY OF MEDICINE

Perspectives | Expert Voices in Health & Health Care

<u>Clinical care</u> "is estimated to account for **only 10-20 percent** of the modifiable contributors to healthy outcomes for a population."

Article URL: <u>https://nam.edu/social-determinants-of-health-</u> <u>101-for-health-care-five-plus-five/</u>

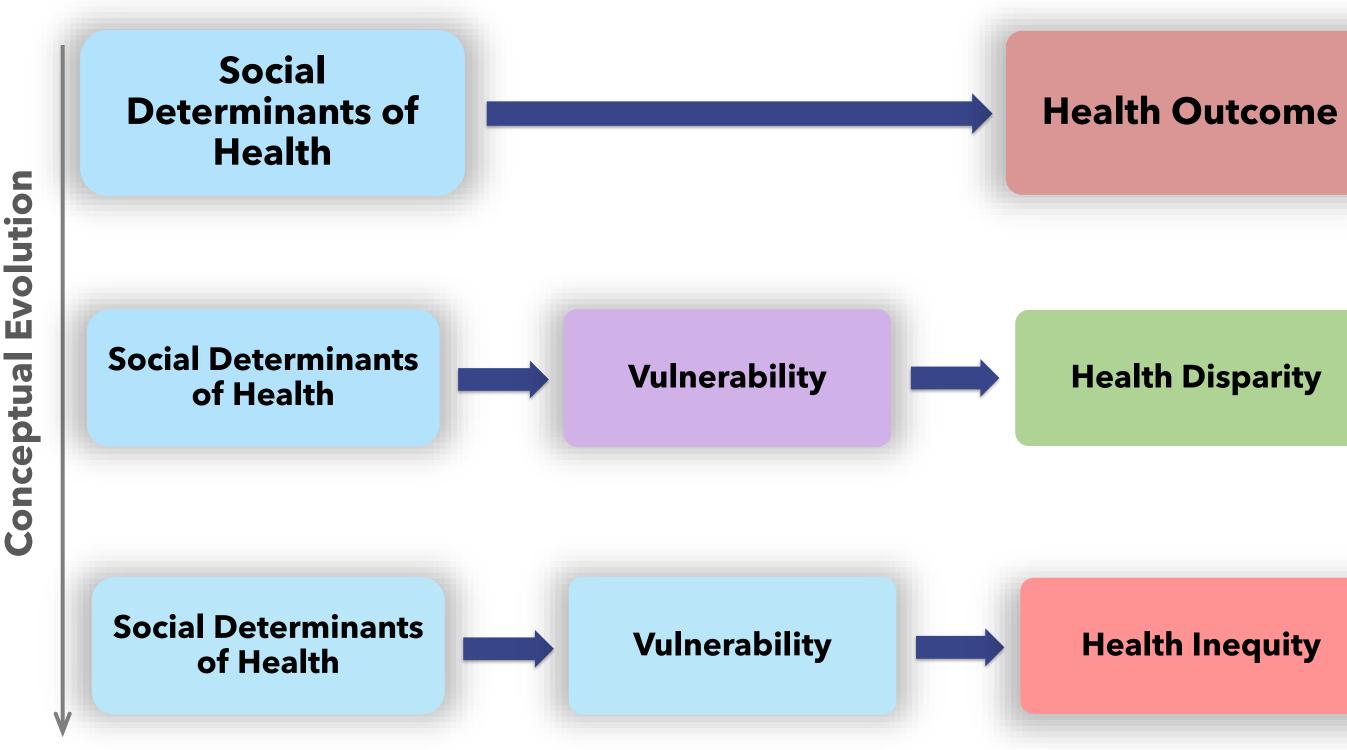
# **Six Decades of SDOH Research**



National Library of Medicine: National Center for Biotechnology Information. PubMed.gov. Accessed December 5, 2023.



# **Important Shifts in Conceptualizing SDOH**



\*The conceptual evolution of SDOH is reflected in the extant literature.

→Recognition of SDOH shaping health outcomes  $\rightarrow$  Mechanisms largely unrecognized

 $\rightarrow$ Recognition of SDOH as underlying systematic health disparities →Deficiency-focused ("vulnerability lens")

 $\rightarrow$ Inequity perspective on SDOH that highlights social processes and injustices

# **Inadequate Attention to Mechanisms of SDOH**

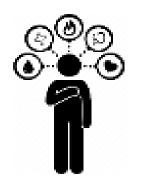


# Important constructs and dynamic mechanisms identified in the literature are missing from this conceptualization:

**Exposure** 

**Susceptibility** 

Social Processes Resilience



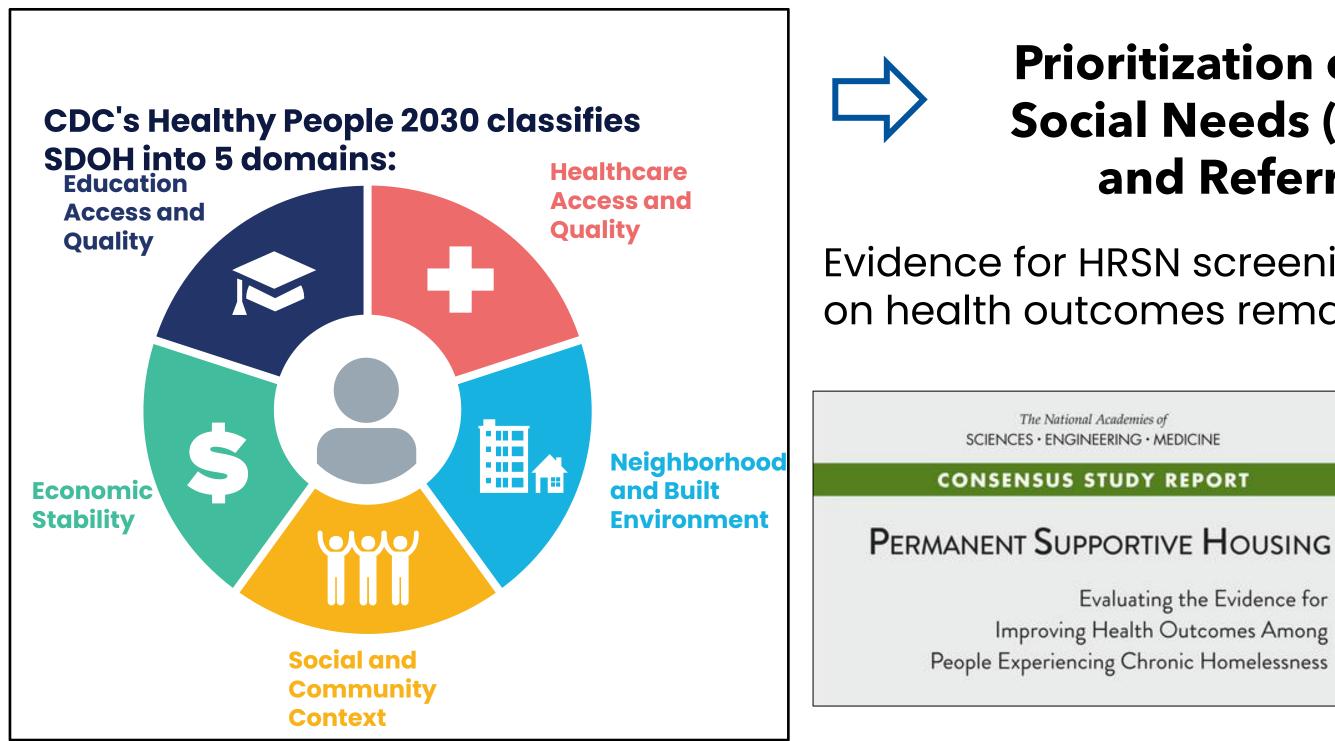






# **Current Dominant Conceptualizations/Strategies** for SDOH Mitigation

#### **Static Domains of SDOH Influence**



Healthy People 2030. Social Determinants of Health. Accessed Feb 21, 2024. https://health.gov/healthypeople/priority-areas/social-determinants-health; Ruiz Escobar E, Pathak S, Blanchard CM. Screening and Referral Care Delivery Services and Unmet Health-Related Social Needs: A Systematic Review. Prev Chronic Dis. 2021;18:E78. Published 2021 Aug 12. doi:10.5888/pcd18.200569.; National Academies of Sciences, Engineering, and Medicine. Evaluating the Evidence for Improving Health Outcomes Among People Experiencing Chronic Homelessness. Washington (DC): National Academies Press (US); 2018 Jul 11. Available from: https://www.ncbi.nlm.nih.gov/books/NBK519594/doi: 10.17226/25133

# **Prioritization of Health Related Social Needs (HRSN) Screening** and Referral to Services

Evidence for HRSN screening and referral effects on health outcomes remains underdeveloped:

Evaluating the Evidence for

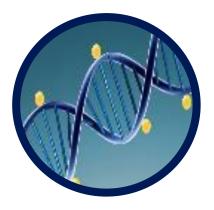
**NASEM:** "there is <u>no substantial</u> published evidence as yet to demonstrate the [housing and other] *help] improves health outcomes or* reduces health-care costs."

# Landmark Conceptual and Empirical Research Identifies *Eight Principles About the Mechanisms of Social Determinants of Health:*





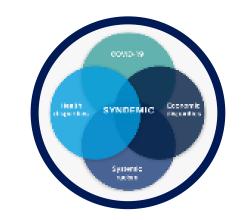
SDOH are Underlying Causes of Health Inequities SDOH Context Shapes Health Inequities SDOH Contextual Disadvantage is Not Deterministic







SDOH Operate Intergenerationally



SDOH Shapes Clustering and Synergies of Health Inequities





SDOH Shapes Health Over the Life Course



SDOH and Social Injustices Interact to Produce Health Inequities

# **Principle #1: SDOH are Underlying Causes of Health Inequities**



## **Underlying Causes Beyond Individual Factors Drive Health Inequities**

Link BG. Phelan J. Social conditions as fundamental causes of disease. Journal of health and social behavior. 1995 Jan 1:80-94.

# **Fundamental Causes Theory**

Landmark theory that moved beyond individual "risk factor epidemiology" to propose distal factors as fundamental for shaping health inequities.



**Distal factors/exposures** influence **individual risk** and **protective** factors, and shape disease and health outcomes.



Distal factors (i.e., education, SES, etc.) represent **fundamental causes** of inequities in disease.



Fundamental causes **disrupt access to resources** that are important in avoiding or mitigating negative health outcomes.



Fundamental causes act through **complex mechanisms** and on **diverse health outcomes**  $\rightarrow$  difficult to quantify total effect.

# **Principle #2: SDOH Context Shapes Health Inequities**



## **Context Matters -**The Structural **Production of Risk**

Rhodes T, et al. The social structural production of HIV risk among injecting drug users. Social science & medicine. 2005 Sep 1;61(5):1026-44. Rhodes T. The 'risk environment': a framework for understanding and reducing drug-related harm. International journal of drug policy. 2002 Jun 1;13(2):85-94.

# **Risk Environment Framework: Environmental Determinants of Exposure**

Landmark framework that characterizes the structural production of health inequities

<u>Understanding the risk environment:</u>



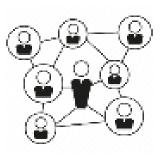
Comprised of **risk-factors** that are **largely exogenous** to the individual



The social situations, structures, and places where factors largely exogenous to the individual interact to produce health inequities

#### Four dimensions of risk environment:





Physical

Social

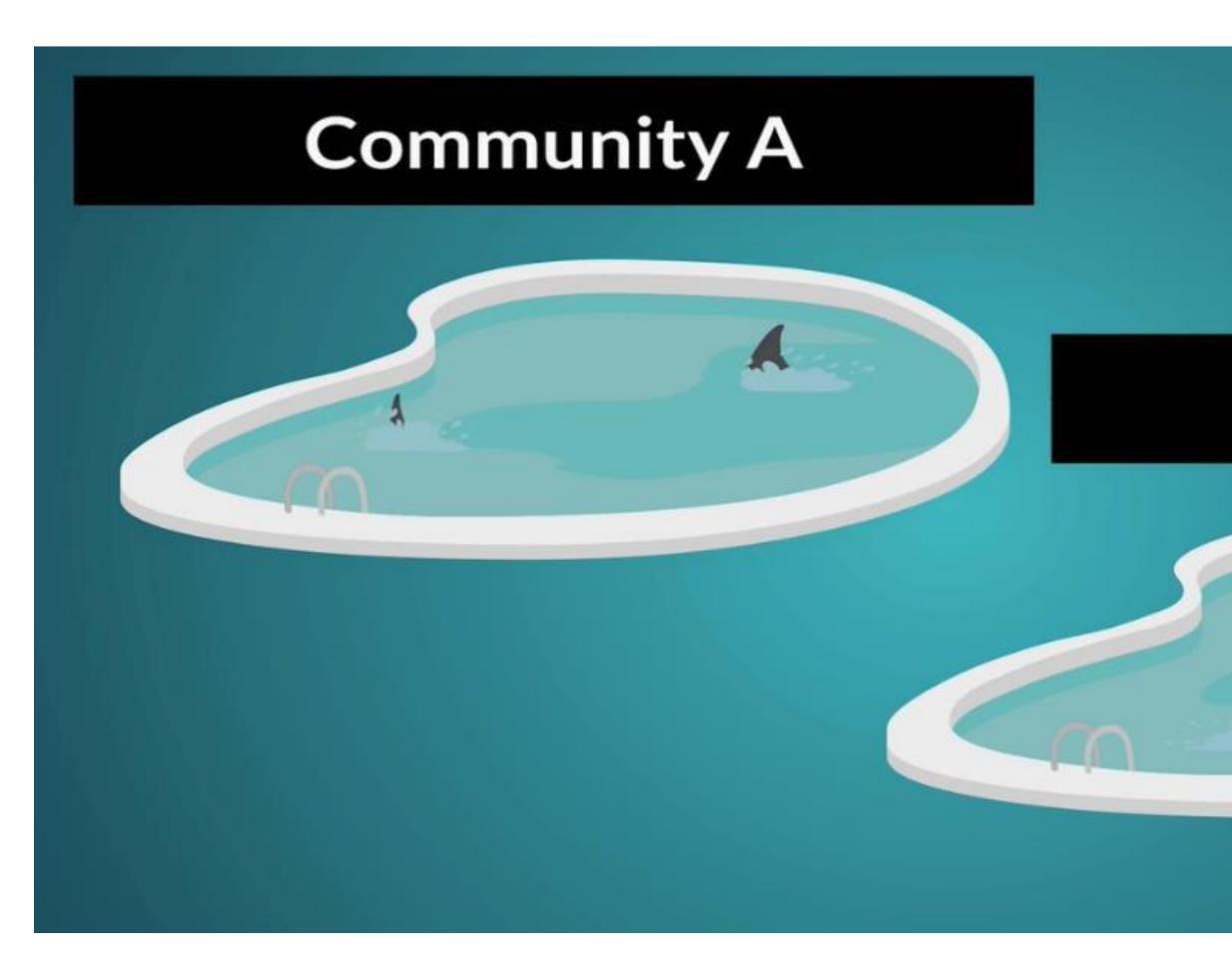


Economic



Policy

# **Context Matters: A Tale of Two Communities**



# **Community B**

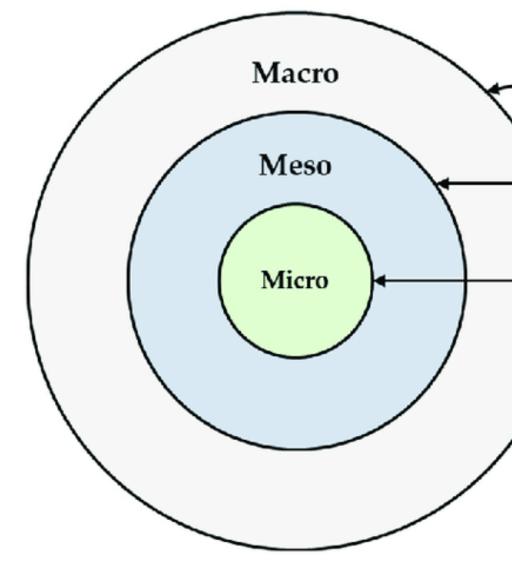
# **Principle #3: SDOH Contextual Disadvantage is Not Deterministic**



## Contextual **Disadvantage is not Deterministic**

Rhodes T, et al. The social structural production of HIV risk among injecting drug users. Social science & medicine. 2005 Sep 1;61(5):1026-44. Rhodes T. The 'risk environment': a framework for understanding and reducing drug-related harm. International journal of drug policy. 2002 Jun 1;13(2):85-94.

# **Risk Environment Framework:** Level of Influence



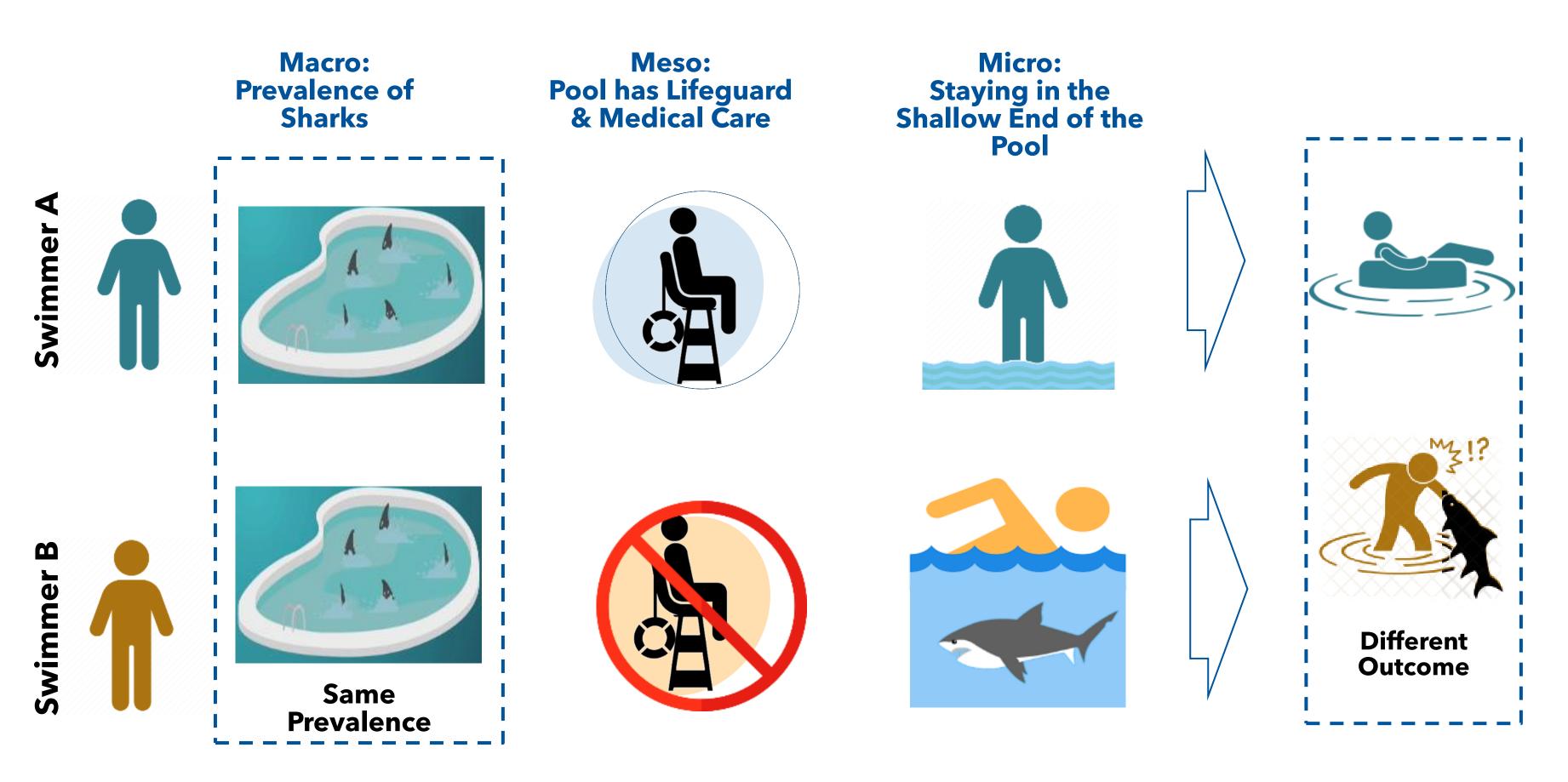
The Risk Environment Framework outlines influences at three distinct levels that interact to reinforce or weaken the effect of one another.

Structural (e.g., laws, policies, economic conditions, societal sentiment)

Institutional (e.g., healthcare institutions, settings, schools)

Individual (e.g., behavior, SES, genes)

# **Contextual Disadvantage is not Deterministic: Two Swimmers**



# **Principle #4: SDOH Shape Health Over the Life Course**



## **SDOH Influence Manifests Over the** Life Course

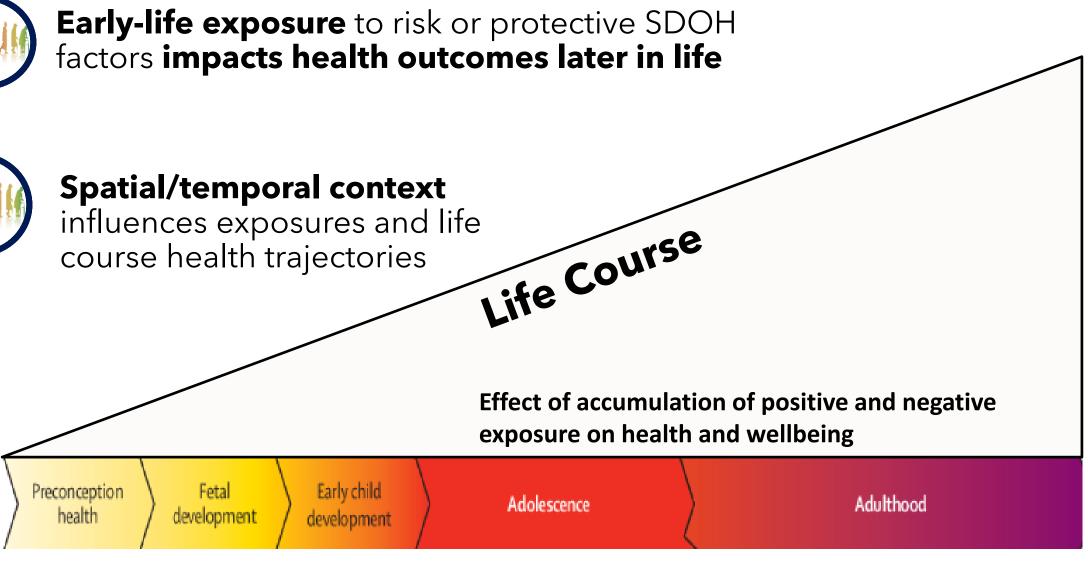
Patton et al. Our future: A Lancet commission on adolescent health and wellbeing. The Lancet. 2016;387(10036):2423-78.

# **Life Course Perspective:**

shape health behaviors and mental and physical health.



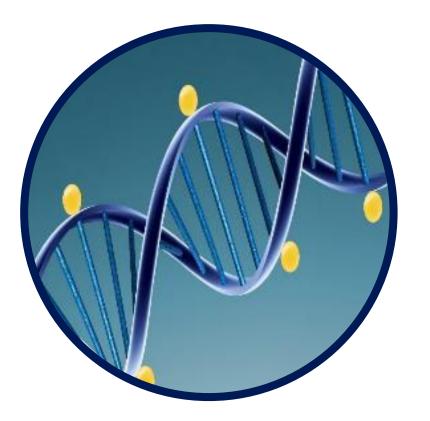




Marmot et al. Fair Society, Healthy Lives: The Marmot Review. 2012.

#### The Life Course Framework suggests **social**, **economic**, **psychological**, and environmental influences accumulate over the life course to

# **Principle #5: SDOH Operate Through Biological Embedding**



# **SDOH Operate Through Biological** Embedding

<u>Biological Embedding</u>: The process by which **social conditions initiate** and **sustain biological** changes that have short- and long-term effects on physical health and well-being.

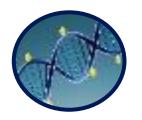
## **Properties of Biological Embedding:**



microbiome)



Alterations in biological processes are **stable** and **long-term** 



Altered biological processes impact health, wellbeing, learning, and/or behavior over the life course

Hertzman C, Wiens M. Child development and long-term outcomes: a population health perspective and summary of successful interventions. Social science & medicine. 1996 Oct 1;43(7):1083-95.

# **Biological Embedding Framework:** A Determinant of Biological Susceptibility

#### Social conditions alter biological processes (e.g., epigenetic, neurodevelopmental, immune, endocrine,

# **Principle #6: SDOH Operate Intergenerationally**



# **SDOH Operate** Intergenerationally

Hoke MK, McDade T. Annals of Anthropological Practice. 2014 Nov;38(2):187-213. Hahn S, Hasler P, Vokalova L, Van Breda SV, Than NG, Hoesli IM, Lapaire O, Rossi SW. Frontiers in immunology. 2019 Mar 29;10:659.

# **Framework of Biosocial Inheritance**

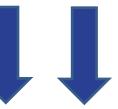
Biosocial Inheritance: "The processes through which social adversity is transmitted across generations through mechanisms both biological and social in nature."

**Cross-Generational** SDOH SDOH (Parent) Health of multiple Health of the next generations generation (fetus) simultaneously **Biological Familial Biosocial** Inheritance **Mechanisms** 

- Immune
- Neuro
- Endocrine
- Microbiome
- Metabolic programming

## **Three Types of Biosocial Inheritance**

#### **Multi-Generational**



- Epigenetic

#### **Transgenerational**

e.g., Transmission through germline

**SDOH** 

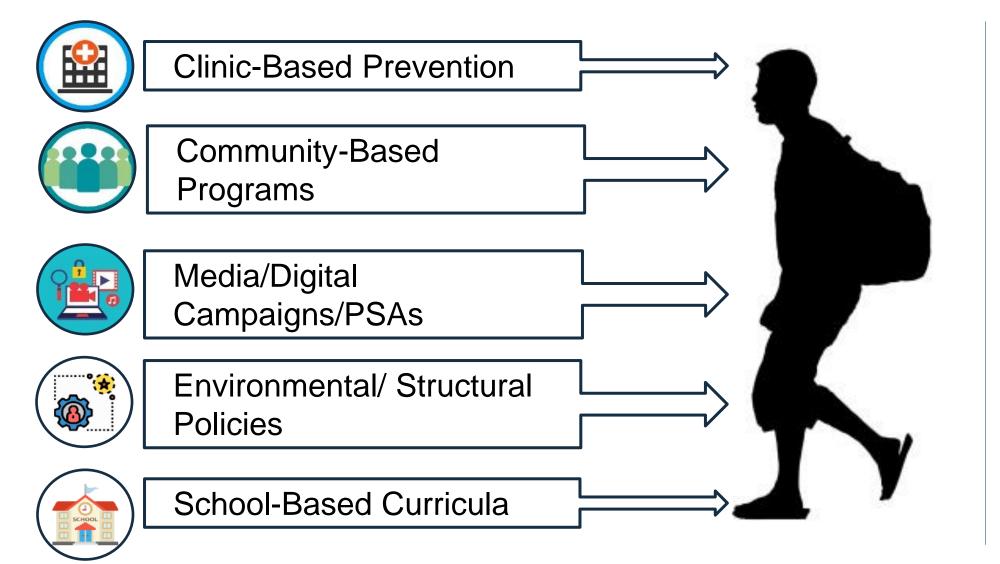
Multiple generations consecutively

#### Social

- Social arrangements
- Historical context
- Political-economic context

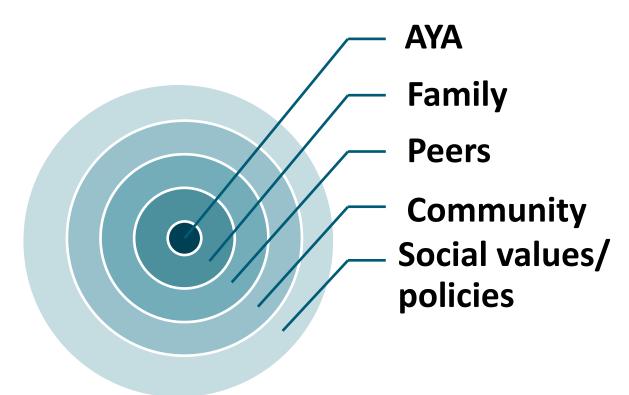
# **Dominant Approaches to AYA Health Focus on Individual Directly**

Dominant approaches to reduce or prevent adolescent risk behavior primarily focus on adolescents directly

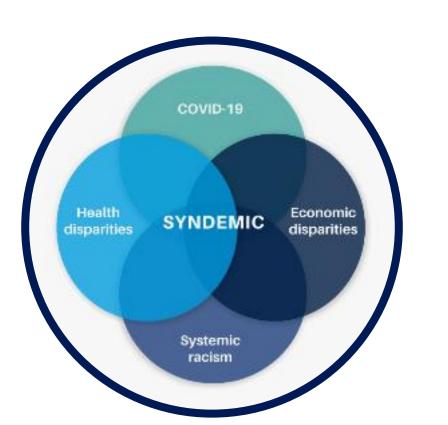


#### However, AYA health inequities exist in a broader context.

Among the most important contexts is **the** family.



# **Principle #7: SDOH Shape Clustering and Synergies of Health Inequities**



## The Impacts of SDOH **Cluster and Interact Synergistically**

Singer M, Clair S, Medical anthropology quarterly. 2003;17(4):423-41. Mayer, K. H., and K. K. Venkatesh. American Journal of Reproductive Immunology. 2011. 65(3):308-316.; Strathdee, S. A., & Sherman, S. G. Journal of urban health: bulletin of the New York Academy of Medicine, 2003. 80(4 Suppl 3).

# **Syndemic Theory:**

A *syndemic* is defined as two or more *clustered* epidemics interacting **synergistically** within a community or population, resulting in excess disease burden.

#### There are **two underlying mechanisms** that produce syndemics:



**Biological synergism**, e.g.: inflammation due to STIs facilitating transmission or acquisition of HIV.



Socio-contextual synergism, e.g.: increased risk of sexual HIV acquisition among substance users due to sexual and substance use networks.

AND / OR

#### **SDOH** may operate through both biological (e.g., inflammatory response) and socio-contextual synergisms.

# **<u>Principle #8</u>: SDOH and Social Injustices Interact to Produce Health Inequities**



## **Social Injustices and Structural Racism Shape** the Impact of SDOH

Krieger N. Theories for social epidemiology in the 21st century: an ecosocial perspective, Int J Epid. 2001;3(4):668-677.; Krieger N. Methods for the scientific study of discrimination and health: an ecosocial approach. Am J Public Health. 2012;102(5):936-944.

# **Ecosocial Framework:**

## Social positioning (based on intersectional identity)

#### Ecosocial Theory conceptualizes **health inequities** as **biological** expressions of social processes—the result of social injustices.

- **Unjust social processes** 
  - Health inequities

# What Does This All Mean for Health Equity?

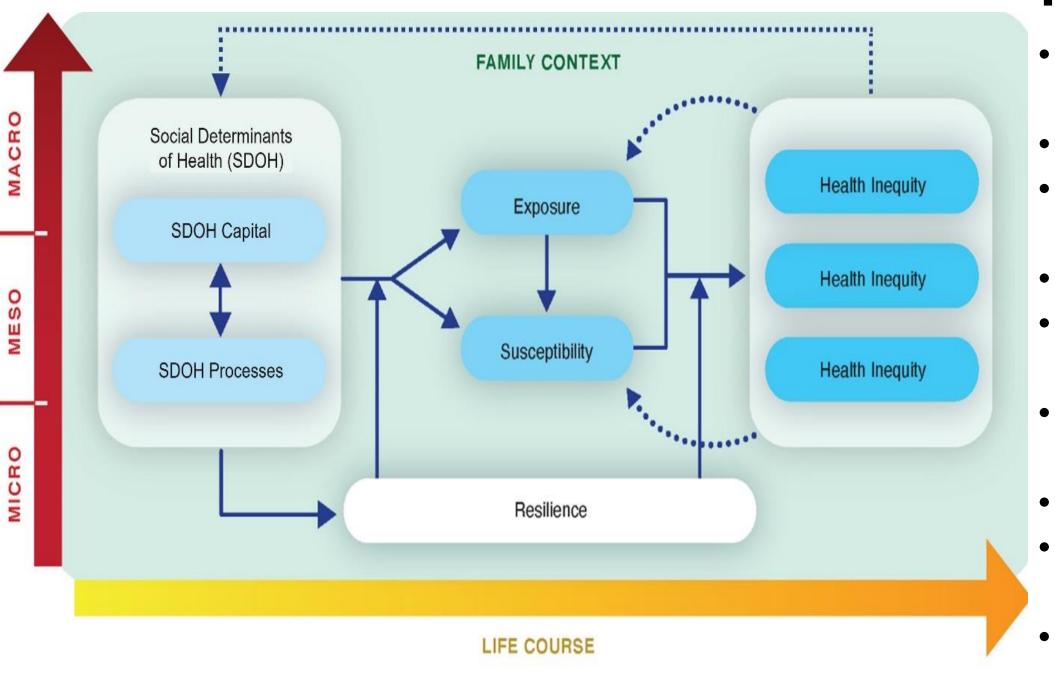


# **Next Steps:**

Integration of SDOH principles and mechanisms into a framework with applicability and utility

Conceptualization of applied mitigation approaches aligned with SDOH principles and mechanisms

# The CLAFH Framework of SDOH Mechanisms



- **Dynamic** vs. static conceptualization of **SDOH** influence Specifies relational forms/mechanisms • Accommodates both **SDOH capital** &
- Multilevel and broad application
- Goes beyond individual focus and centers on the family context
- Incorporates co-occurring synergistic inequities
- Takes a life course perspective
- Focuses on exposure and susceptibility (vs. "vulnerability)
- Integrates social/behavioral and **biological** factors
- Leverages assets and **resilience**

Thimm-Kaiser M, Benzekri A., Guilamo-Ramos V. Conceptualizing the mechanisms of social determinants of health: A heuristic framework to inform future directions for mitigation. *Milbank Q*. 2023;101(2):486-526.

# Innovations of the CLAFH SDOH Framework:

**SDOH processes** 

# Download and Share: Synthesis of an Integrated Framework for Conceptualizing SDOH Mechanisms

# THE MILBANK QUARTERLY

Conceptualizing the mechanisms of social determinants of health: A heuristic framework to inform future directions for mitigation

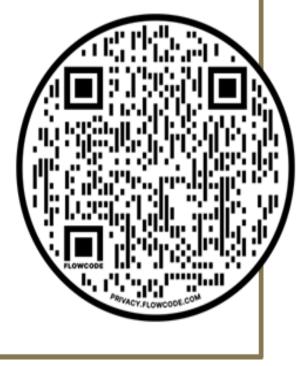
Thimm-Kaiser M, Benzekri A., Guilamo-Ramos V. Conceptualizing the mechanisms of social determinants of health: A heuristic framework to inform future directions for mitigation. Milbank Q. 2023;101(2):486-526.



# **Download and Share: A Roadmap for Nurse-Driven Intervention Development**

# NURSING OUTLOOK

Nurse-led approaches to address social determinants of health and advance health equity: A new framework and its implications



**Step 1.** Identify the Specific Health Inequity within a Spatiotemporal Context

**Step 2.** Operationalize CLAFH SDOH Framework Constructs, Relationships, and Leverage Points

**Step 3.** Design SDOH Intervention Components Using Identified Leverage Points

**Step 4.** Evaluate the Nurse-driven Intervention Using Multi-Level Methods

Guilamo-Ramos V, Johnson C, Thimm-Kaiser M, Benzekri A. Nurse-led approaches to address social determinants of health and advance health equity: A new framework and its implications. Published online June 1, 2023:101996-101996. doi: https://doi.org/10.1016/j.outlook.2023.101996

## **Four-Step Approach to Application** of the SDOH Framework for **Intervention Development:**

# **NINR Leadership: Elimination of Health Inequities**

MISSION: Lead nursing research to solve pressing health challenges and inform practice and policy-optimizing health and advancing health equity into the future.

#### RESEARCH LENSES





Reduce and ultimately eliminate the systemic and structural inequities that place some at an unfair, unjust, and avoidable disadvantage in attaining their full health potential.

Social Determinants of Health



Identify effective approaches to improve health and quality of life by addressing the conditions in which people are born, live, learn, work, play, and age.

Population and Community Health



Address critical health challenges at a macro level that persistently affect groups of people with shared characteristics.

Prevention and Health Promotion



Prevent disease and promote health through the continuum of prevention-from primordial to tertiary.

Systems and Models of Care



Address clinical. policy challenges through new systems and



organizational, and models of care.

# **NINR Funding Opportunities**

Short Courses in Social Determinants of Health for Research Education in Nursing Research

**RFA-NR-24-002** Application Due Date: July 01, 2024.

#### **Transformative Research to Address Health Disparities and Advance Health Equity (U01 Clinical Trial Optional**)

**RFA-NR-24-004** Application Due Date: March 22, 2024.

The Bridge-to-Care Initiative: Addressing **Social Needs through Healthcare-Community Partnerships (R01 Clinical Trial Optional**) **RFA-NR-24-003** 

Application Due Date: March 22, 2024.

# The Path Forward: Nurse-Driven Practice, Policy, and Advocacy



# **Improving Health Through Nurse-Driven Policy Solutions**



- well-being.
- 2. determinants of health.
- policies and programs.
- leaders.
- shift the public discourse about health and health care.

JOHNS HOPKINS SCHOOL of NURSING

THE INSTITUTE FOR POLICY SOLUTIONS

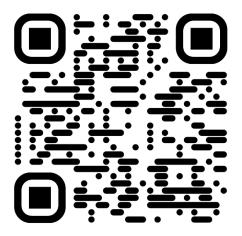
Redesigning health and health care through the elimination of inequities and greater investments in preventive care, whole-person health and

Identifying, designing, and evaluating new approaches for delivering health care that considers both physical health and the social

Developing pathways for national scale and uptake of nurse-driven

4. Creating more opportunities for nurses as change agents and policy

5. Elevating the expertise, knowledge, and insights of nurses in the media to



instituteforpolicysolutions.org

# The Institute for Policy Solutions' Neighborhood Nursing Brings Health to Communities, Block by Block

#### A Community-Based Approach to Eliminating Health Inequities:

A major demonstration project of the **Institute for Policy Solutions**: **Neighborhood Nursing** bypasses structural barriers to bring care directly to Baltimore residents in geographic areas—furthest from the opportunity of equitable care

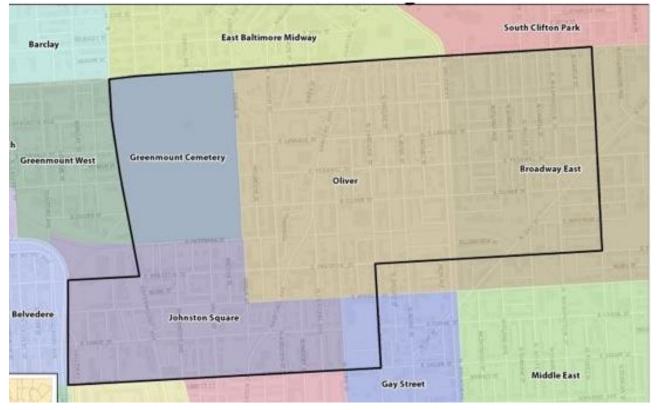
## ALL IN APPROACH - RN/CHW/Family Triadic Team

#### **Collective Action: SON Partners and Community Partners:**



Johns Hopkins School of Nursing. Neighborhood Nursing. N.d. Accessed Feb 21, 2024. https://nursing.jhu.edu/faculty-research/research/areas-of-expertise/community-global-health/center-community-innovationscholarship/neighborhood-nursing/



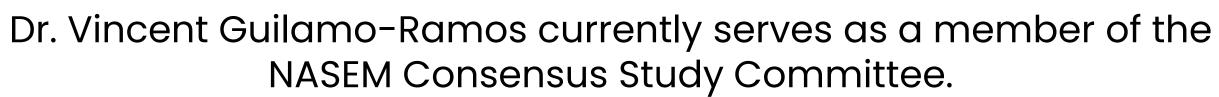


# **The 2024 Unequal Treatment Report: Revisited**

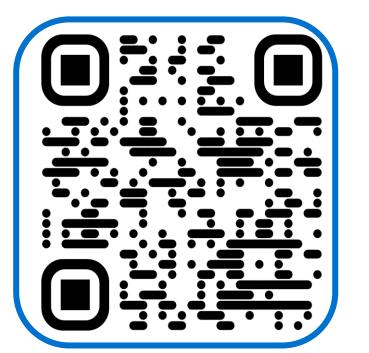


A forthcoming **NASEM report**, to be released in 2024, will revisit the 2003 Unequal Treatment report **two decades later to consider**:

- What **progress** did we make in the past two decades?
  - How have **inequities persisted**?
- What are the solutions to eliminating health inequities and structural and systemic racism?



**Special Request:** Use the QR code to **weigh in on the importance of <u>nursing</u>** in eliminating inequities and structural and systemic racism in this country.





# Thank You!

#### Dr. Vincent Guilamo-Ramos Executive Director, Institute for Policy Solutions

#### Please send any questions or comments to: VincentRamos@jhu.edu



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