



The Development of a Pediatric Pain Resource Nurse Program: A System-level Intervention to Enhance Nursing Education and Pediatric Pain Management

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Background

Pain is recognized as a **global health crisis** with profound physical, emotional, and societal impact.

Nurses serve as **educators, collaborators, and advocates**, disseminating crucial information about pediatric pain management best practices to patients, families, and other healthcare professionals.

By enhancing a culture of awareness and collaboration, nurses can help ensure every child receives **compassionate and effective pain management**.

In 2022, C.S. Mott Children's Hospital (Mott) became the **first ChildKind certified hospital in Michigan**, pledging a commitment to children's pain relief and prevention.

Clinical Question

Compared to standard nursing knowledge, does implementing a **Pediatric Pain Resource Nurse (PRN) Program** at C.S. Mott Children's Hospital impact inpatient pediatric nurses' knowledge and attitudes toward pain?

Literature Review

Nurses must be equipped with **up-to-date pain knowledge and skills**, and have an awareness of how **personal attitudes, beliefs, and cultural sensitivity** can influence the delivery of patient care.

PRN programs engage nurses to assume an active role in pain management.

Interprofessional pain education (IPPE) is critical to **translating effective pain care knowledge and attitudes** into healthcare systems.

An IPPE curriculum empowers healthcare professionals to **transform organizational culture** by encouraging interprofessional collaboration and dissemination of evidence-based practice.

Design and Methods

Program Implementation Timeline



Mott Pediatric PRN Program Design

Foundational Pain Education	Evidence-Based Practice Review	Dedicated Non-Staffing Time	Executive Leadership Presence	Continuous Improvement
<ul style="list-style-type: none"> IPPE-based education and orientation session curriculum Pre/post-test administration 	<ul style="list-style-type: none"> Pediatric pain experts review and present content to PRN cohorts during monthly meetings 	<ul style="list-style-type: none"> Each PRN receives a minimum of 4 hours of dedicated program work time within their monthly appointment 	<ul style="list-style-type: none"> ACNO, Staff Specialist, and Pain Management Coordinator actively participate in all program meetings 	<ul style="list-style-type: none"> Each PRN receives quality improvement (QI) education Ongoing QI support is available

Primary Outcomes

Pre/Post Education Intervention Assessment Tool

Pediatric Healthcare Provider's Knowledge and Attitudes Survey Regarding Pain (PHPKAS)

Program Composition	Frontline Nurses	Unit Level Leaders	Executive Level Leaders	Total Participants
Cohort One	23	4	4	31
Cohort Two	15	15	0	30

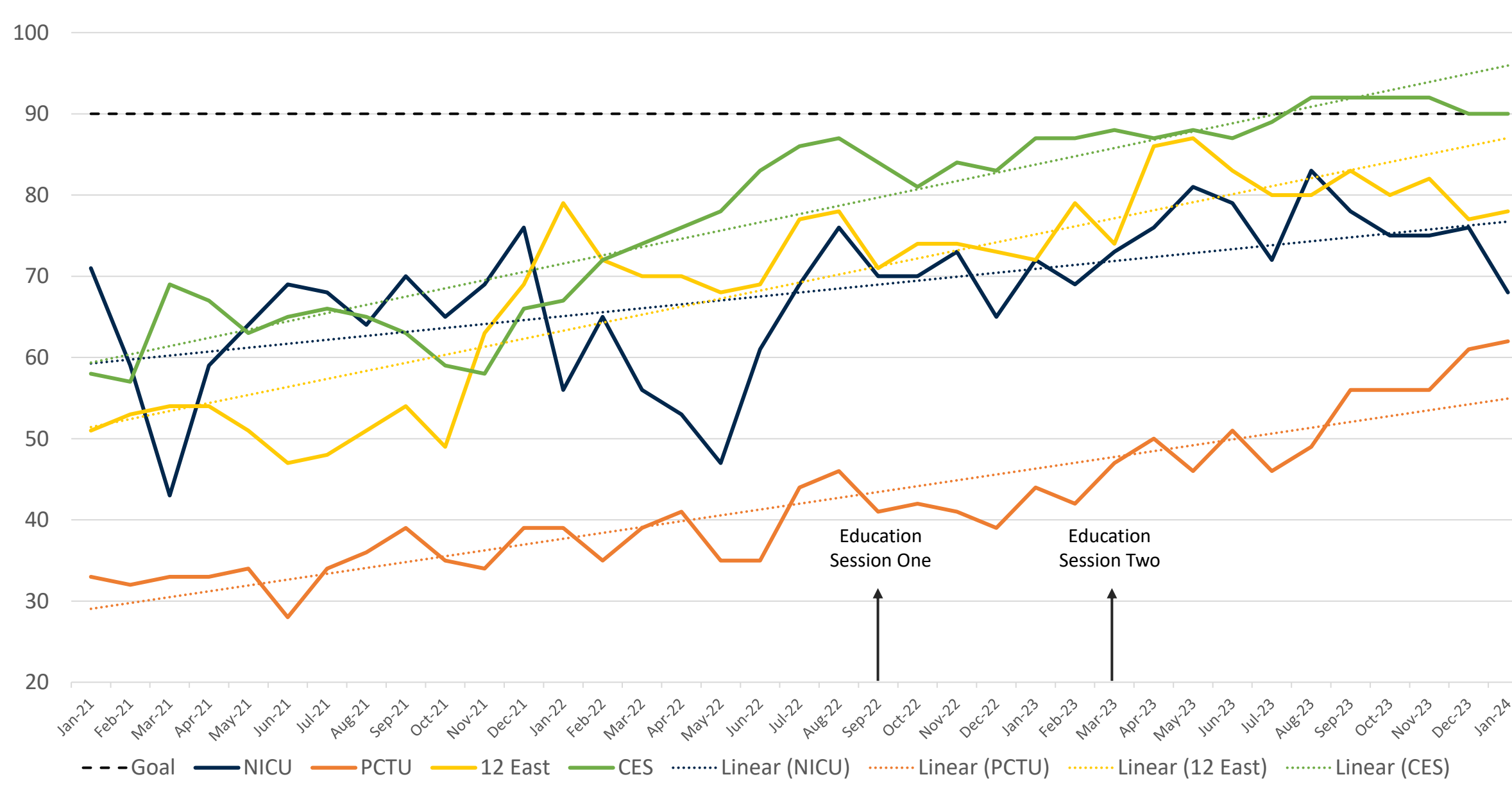
Cohort One PHPKAS	Sample Size (n)	Range Scores	Mean Score
Pre-Test (Time 1)	25	59-93%	78%
Post-Test (Time 2)	14	63-93%	82%

Cohort Two PHPKAS	Sample Size (n)	Range Scores	Mean Score
Pre-Test (Time 3)	32	54-85%	72%
Post-Test (Time 4)	26	59-93%	74%

Secondary Outcomes

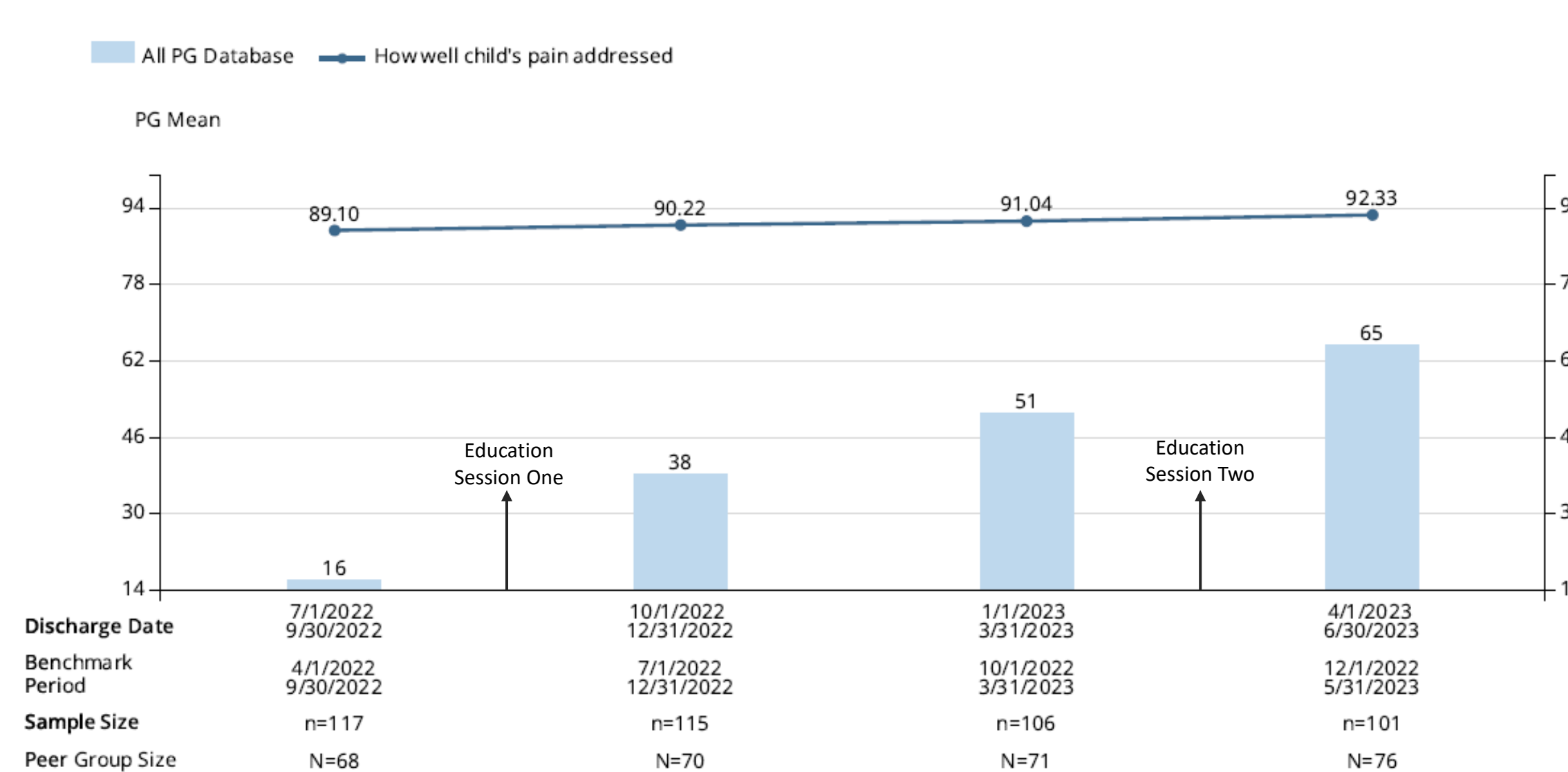
Mott has experienced an **increase in pain reassessment compliance** as evidenced by nursing documentation rates.

Pain Reassessment Documentation Compliance Rates: Mott Top-4 Achieving Units



Press Ganey Patient Experience Survey Question

Inpatient Pediatric: How well was child's pain addressed?



Additionally, in the months after the introduction of our cohorts, Mott has observed **improvement in patient experience survey results** as measured by Press Ganey.

Conclusion

Nursing leaders at Mott have achieved the following outcomes via a **strategic program implementation effort and purposeful engagement of frontline nurses**:

- Enhanced pediatric pain management knowledge and attitudes following the introduction of an IPPE-based curriculum
- Increased compliance in pain reassessment documentation
- Positive trends in patient experience survey results
- Improved cross-unit collaboration and problem-solving

Future Considerations

The following will be explored as opportunities for **continued program optimization**:

- Ongoing needs assessment of frontline nursing education with structured education and training provided by content experts and communicated to frontline nurses by Mott PRNs.
- Enhance cross-unit collaboration to facilitate the exchange of best practices aimed at segment-level improvements.
- Task force creation based on PRN-identified priorities and creation of specific program-initiated targets and tactics to enhance overall patient experience and clinical outcomes.

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References

Please scan the adjacent QR code for a complete list of references used in the creation of this evidence-based nursing intervention.

