

Program Overview:

- ❖ Program Timeline
- ❖ Implementation
- ❖ Minor Medical Care
- ❖ Behavioral Health Services
- ❖ Dental Education
- ❖ Lifestyle Change Training & Education
- ❖ Barriers
- ❖ Impact

Right Care...

Majority of Mississippi is rural

Health disparity is prevalent

- Access to care in MS is:
- difficult
 - burdensome



Right Time:

- Post COVID-19 – brought to light the magnitude of health disparity and lack of access to care in our state
- UMMC- only academic medical center in state
- Grant funding between MS Department of Education and UMMC Telehealth Center of Excellence

Right Setting...

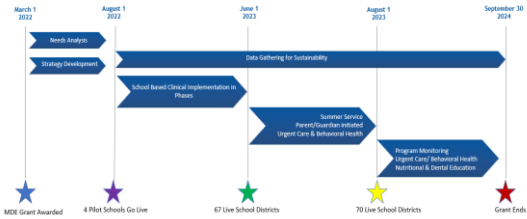
- UMMC SON has 6 SBHCs
- 3 in urban Jackson, MS
 - 3 in Mississippi Delta

Our SBHCs use telehealth as a means of seeing patients

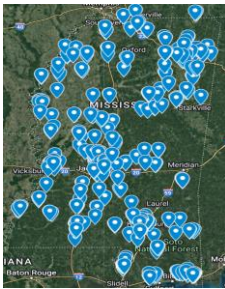
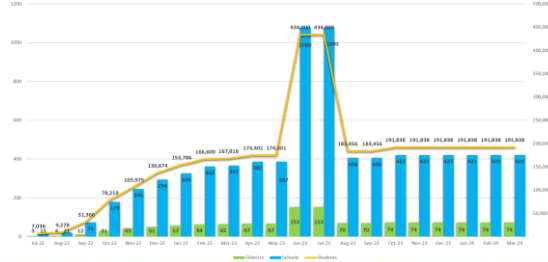
Considered experts in SBHCs in our state



SBTH Program Timeline



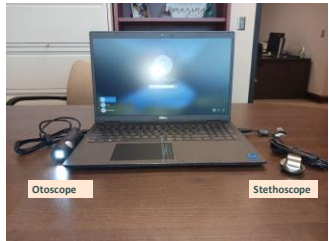
CURRENT ENROLLMENT NUMBERS



Who has Access?

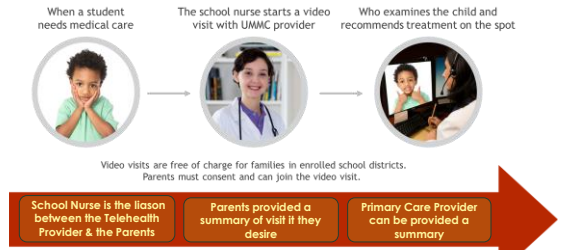
- 74 School Districts
- 421 Schools
- 191,838 Students

EQUIPMENT PROVIDED TO EACH LOCATION



During a telehealth visit, school nurses share sounds and images from digital instruments such as an otoscope or stethoscope with UMMC telehealth providers

HOW SCHOOL-BASED TELEHEALTH WORKS



MINOR MEDICAL CARE CLINICAL SERVICES

- Same day appointments
- Urgent Care provided by UMMC Nurse Practitioners
- Parents/guardians may join the visits virtually
- Medications prescribed if needed
- Point of Care Testing provided to CLIA waived schools
- Video visits are at NO CHARGE.



Any costs for prescriptions and follow-up visits with primary care physicians or specialists, however, are the responsibility of the parent or guardian.

BEHAVIORAL HEALTH CLINICAL SERVICES

- Behavioral health care from experienced specialists
 - LPCs
 - NP referrals
- Support school counselors and nurses
 - Nonurgent (but may be scheduled same day)
- Parents/guardians may join the visits virtually
- Video visits are at NO CHARGE.



Any costs for prescriptions and follow-up visits with primary care physicians or specialists, however, are the responsibility of the parent or guardian.



PROGRAM BENEFITS



- Faster student access to health care on campus
- Decrease in behavioral health related issues.
- Better attendance & student performance
- Parents stay at work & join the visit virtually
- Nurses have backup support
- Collaboration with the community providers



DENTAL CARE EDUCATION

UMMC School of Dentistry providers train school nurses
Education provided via live webinar sessions with:

- 6 Live Dental Health Education Sessions
- 85 school nurses registered
- 73 school nurses attended

EDUCATION PRESENTATIONS COVERED:

- Dental basics
 - Parts of the tooth, dentitions, preparing a dental emergency kit
- Causes of dental pain
 - Outlines and discusses common sources of oral and dental pain
- Dental emergencies
 - Dental emergencies and how to triage them
- Recorded videos for easy access
- Special emphasis on utilizing local dental offices



LIFESTYLE CHANGE PROGRAM

Trained Diabetes Prevention Program (DPP) Lifestyle Coach

School nurses and/or counselors can obtain DPP Lifestyle Coach certification:

- Free - DPP Lifestyle Coach certification
- Free - 13.5 hours toward Continuing Education Units
- Free - medical grade scale for school use

For Schools

We train public school nurses and counselors to be CDC-recognized Diabetes Prevention Lifestyle Coaches to assist students with sustaining behavioral changes that can delay or prevent type 2 diabetes.

For Students

We provide students with a self-directed digital intervention teaching lifestyle change techniques that can delay or prevent type 2 diabetes.

For Parents

We provide parents with resources used to support children engaging in the digital Lifestyle Change Program.



Barriers



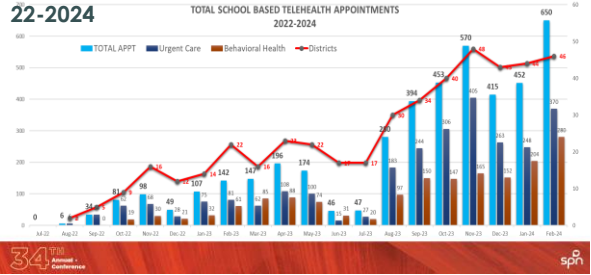
- School Nurse & Counselor time to perform visits during school day
- Communication with all stakeholders including parents
- Adoption of new workflow / transformative change
- Challenges with technology
- School districts have different resources
- ESSR funding that was used to hire school nurses is ending. School districts are not keeping those positions



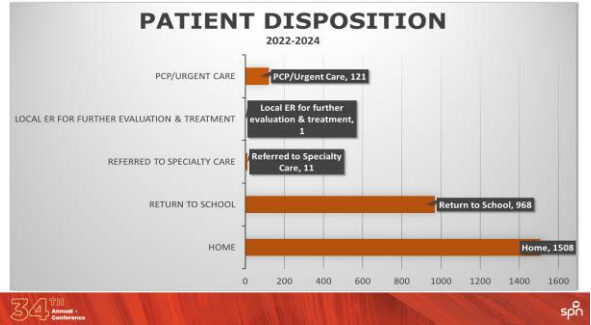
Impact



TOTAL SCHOOL-BASED TELEHEALTH APPOINTMENTS 22-2024

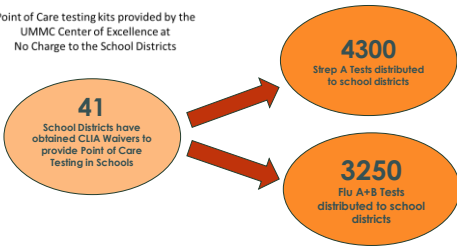


TOP PROGRAM DIAGNOSIS



POINT OF CARE TESTING

Point of Care testing kits provided by the UMMC Center of Excellence at No Charge to the School Districts



FEEDBACK

"I have several students who utilize the behavioral/mental health program and it has been extremely helpful with their struggles to include anxiety, depression, anger, and panic attacks. I have one student who is currently without health insurance and telehealth is allowing them to receive therapy free of charge and without having to miss school." - School Nurse

"Telehealth has been an awesome tool to be able to offer students. The best thing about it is that time and money are not to spend those services. It has helped connect students to a medical facility if it's something we can address while the child is at school. I have had students with positive news and the tests that have gone home after their telehealth visit and parents are happy to see the pharmacy to pick up any medications." - School Nurse

"They Annual! This works really good for me! - 6 year old student to mom who parent visit remotely."

"The mental health services have been a huge asset to me. One particular case involved a child who just fell acting like he was after speaking to his parent and releasing, worked correct, we made a behavioral health call for him. After just 3 visits, the child returned back to his old self and said "I got her father." He just needed someone to talk to."

"I have had some parents who couldn't afford talk therapy for their child. It was desperately needed. We offered the Telehealth option and the parents immediately accepted. Has been using the services for most of the school year."

It's all About the Team!

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