

**APRIL 26 - 28, 2023** 

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# P ANNUAL CONFERENCE

BUILDING BRIDGES & MAKING CONNECTIONS

WYNDHAM GRAND PITTSBURGH DOWNTOWN PITTSBURGH PA

# BY THE NUMBERS



50+

Expert speakers



24

Nursing Contact Hours



3

Pre-conference workshops



10

Concurrent Breakout Sessions



7

**Session tracks** 



30+

Exhibitors expected



50+

Poster presentations



446

Bridges in Pittsburgh

## LEARNING OBJECTIVES

As a result of attending the SPN 33rd Annual Conference, attendees will be able to:

- Grow their professional network by collaborating with peers and experts in the pediatric nursing specialty.
- Learn best practices that enhance patient experience, quality care, cost reduction, and promote healthy work environments.
- Implement new knowledge to promote best practice in the organizational setting.
- Create a professional development plan through networking and participation in educational sessions.

## CONTINUING EDUCATION

SPN is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

SPN is a provider approved by the California Board of Registered Nursing, Provider #CEP16532 for up to 24 NCPD Contact hours.

Continuing Education: Society of Pediatric Nurses is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Relevant Financial Interest: The planners and faculty for this do not have any actual, potential or perceived relevant financial relationships.

## **HEALTH AND SAFETY**

As part of our commitment to the safety of all attendees, SPN will be following leading medical advice to require all attendees, exhibitors, speakers, and guests of the 33rd Annual Conference to be fully vaccinated\* against COVID-19 or have qualified exemption from vaccination. As an additional precaution, we strongly encourage attendees to wear a mask while attending.

\*SPN will be following the CDC definition of "fully vaccinated" at the time of the Annual Conference.

For more information, please visit www.pedsnurses.org/annual-conference.



# CONFERENCE HIGHLIGHTS

All conference events are subject to change. All times are listed in Eastern time.

# YOU ARE INVITED TO THESE SPECIAL EVENTS

### **NETWORKING SESSION**

#### Wednesday, April 26 • 11:45 a.m. - 12:45 p.m.

On the first day of the conference, greet old friends and meet new faces. There will be six roundtable discussions based on specialty topics, including a first-time attendee table, so come ready to ask questions and share best practices.

#### HOSPITAL TOUR

#### Thursday, April 27 • 5:45 p.m. - 9:00 p.m.

Join SPN on Thursday evening for a hospital tour. Network with your colleagues, observe day-to-day operations, and gain insights to take back to your workplace.

Pre-registration and a \$5 registration fee is required.

## WELCOME RECEPTION

#### Wednesday, April 26 • 5:00 p.m. - 6:45 p.m.

Join SPN and your colleagues to kick off this year's Annual Conference! Make new connections and socialize with your peers as you preview the vendors and their services in the Exhibit Hall.

## **MOVIE NIGHT**

#### Thursday, April 27 • 6:00 p.m. - 7:15 p.m.

Unwind from your day by joining fellow SPN members for a movie night! Attendees will have the opportunity to view *The American Nurse* by director and producer Carolyn Jones. Refreshments will be served during the movie. Pre-registraion and a \$15 registration fee is required.

keep returning to the SPN conferences because they provide education by nurses for nurses. I leave being inspired to continue to make a difference in my patients' lives.



# **EDUCATION HIGHLIGHTS**

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## PRE-CONFERENCE WORKSHOPS

Please note that Pre-Conference Workshops require pre-registration and an additional fee.



Pharmacology Workshop -Sedation: You Won't Sleep Through This Workshop

Wednesday, April 26 8:00 a.m. - 11:15 a.m.



The workshop 'Procedural Sedation Medications and Pharmacology' focuses on the pharmacology of drugs used during sedation. Sedative agents will be discussed in conjunction with sedation depth and goals, as well as pharmacologic properties and characteristics. Nursing considerations

and pearls will be incorporated into this interactive learning experience. 2 Pharmacology hours awarded.

Kelli L. Crowley, PharmD, BCPS, BCPPS

Clinical Pharmacy Coordinator, Clinical Pharmacist, Pediatric Critical Care, *Children's Hospital of Pittsburgh* 

#### Daniel Marx, MHSA, MSN, RN, CPN

Nurse Manager, Children's Mercy Kansas City



Trauma Informed Care Workshop

Wednesday, April 26 8:00 a.m. - 11:15 a.m.



This workshop will provide foundational knowledge of trauma and trauma-informed care. A team of Mental Health specialists will discuss the application of trauma-informed principles within various healthcare settings spanning all levels of the organization. Objectives include learning about trauma and ACES; learning principles of Trauma Informed Care; learning how to apply the Trauma Informed Care principles to various healthcare settings; identifying means of implementation and evaluation.



# **Dr. Dani Milliken DHA, MS, BSN, RN**Director of Mental Health, *Children's*

Hospital of Orange County (CHOC)



# Lisa Schneider MS, BSN, RN, PMH-BC, NEA-BC

Nursing Director, Behavioral & Mental Health, *Children's Healthcare of Atlanta* 



Psychologist, Children's Hospital of Orange County (CHOC)

#### Drea Correia MSN, RN, PHN, CPN, CNL, NPD-BC

Clinical Practice Specialist, Children's Hospital of Orange County (CHOC)



**DEI Workshop - Sacred Conversations on Race** 

Wednesday, April 26 8:00 a.m. - 11:15 a.m.

This workshop allows attendees to be guided by peer leaders in table discussions centered around racial identity, personal

bias, and systemic racism. "Sacred Conversations" refers to the idea that all conversations that require us to share parts of our own stories, and receive the stories of others are sacred, and thus occur in a sacred space.

#### Luci-Jo DiMaggio, Ed.D.

Director of Mission Animation, Center for Community Engaged Teaching and Research Coordinator for Co-Curricular Community Engagement Division of Mission and Identity, *Duquesne University* 

#### PLENARY SESSIONS



#### **Opening Keynote**

The American Nurse: Defining Hope with Carolyn Jones

Wednesday, April 26 1:00 p.m. - 2:30 p.m.

Carolyn Jones, photographer, author, and filmmaker behind The American

Nurse Project and Defining Hope, spent over ten years documenting the work of nurses across the country, a journey that led her to conclude that "without them, we don't stand a chance." That was before the global coronavirus pandemic thrust our nation's nurses even further onto the frontlines of healthcare, addressing our physical and emotional needs before sending us back out into the world. In this session, Jones will share inspiring excerpts and stories from her book The American Nurse, and her three documentary films—with a special focus on the pediatric nurses she met along the way—shedding light on some of the biggest healthcare challenges facing Americans today and how nurses can tackle them head-on.



# **EDUCATION HIGHLIGHTS**

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## PLENARY SESSIONS



Caring for Others: Race Matters
Opening Plenary with Barbara
Broome, PhD, RN, FAAN

Thursday, April 27 9:15 a.m. - 10:30 a.m.

Individuals from underrepresented groups are asked to be the experts for their peer group. The expectation is that a person from the same group will know the likes, dislikes, ambitions and the why for other members of the same or similar group. In other words, we are asked to know "what makes them tick". Although there may be similar characteristics among a group, each person is unique. Learning to understand and appreciate those differences is what generates personal growth and understanding.

The goal of this dialog is to stimulate reflection and a better understanding of how words and actions can create barriers. It is hoped that as nurses, we can begin to embrace the unique and wonderful differences as we care for others and ourselves.



Leading with Accountability: How to Be the Best Version of You!

Plenary Session with Stephanie Meyer, RN, MS-FNP, NEA-BC

Thursday, April 27 1:45p.m. – 3:00 p.m.

Accountability is key to both personal and professional success. This session will take an in-depth look at how to develop the essential skills necessary to become our best selves. We will discuss our role in the "struggle" and how to use communication techniques to drive improvement.



Hot Topics
Plenary Session with SPN Past
Presidents

Friday, April 28 9:15 a.m. - 10:30 a.m.

SPN is committed to defining and delineating how pediatric nursing is different from general nursing practice. This session will discuss the soon to be released SPN Pediatric Nursing Excellence Model, the journey of its development, how to implement and use the model in your practice and innovative next steps.

# What's New In SPN Plenary Session

Friday, April 28 12:45 p.m. - 1:45 p.m.

It is important to take the time to acknowledge the hard work that has been done over the past year. Join in as one community as SPN leaders review our community's accomplishments and goals for the future.

## **CLOSING SESSION**



"Stewards of the Precious": Nursing's History and Leadership in Research

Closing Session with Julie Fairman, PhD, RN, FAAN

Friday, April 28 3:30 p.m. - 5:00 p.m.

The work that is done to improve the evidence for patient care can be said to be the work of love—especially during this incredible time of disruption, frustration, death, and dying. If we look to our history, we will understand we have been here before—through pandemics, and war—but the context is different. Our hope and our future depends on our understanding of our history—AND our engagement with patients and our efforts to build the evidence base for better care, better relationships with our provider colleagues, and better relationships among ourselves. In this talk, we will walk through the history of nursing research and the impact it has had on patient care.



# **SCHEDULE AT-A-GLANCE**

All conference events are listed are subject to change. All times are listed in Eastern.

KEY	Education	Leadership and Management	<b>Evidence-based Practice</b>	Quality Improvement	Clinical Practice	Research	Information Technology			
WED	DNESDAY	, APRIL 26								
	m 11:15 a.m.									
11:45 a.	m 12:45 p.m	. Networking Session	Networking Session							
1:00 p.i	m 2:30 p.m.	1.25 CNE Opening Keynote	1.25 CNE Opening Keynote: The American Nurse: Defining Hope   Carolyn Jones							
2:45 p.m 3:45 p.m.		1 CNE Concurrent Session	1CNE Concurrent Session I							
		101: Connect, Collaborate, and Elevate the Patient Experience: Outcomes and Successes of an Interdisciplinary Hispanic Family Advisory Council	102: Burning Need to Know: Managing Pediatric Burns of All Sizes and Depths	103: Improving Nursing Competence and Patient Care through Mock Code		Video vstem in lolescent ler Patients	105: Transitioning Nurses Between Specialties - Critical Lessons Learned from Pediatric Nurses Reassigned to Adults during COVID-19			
4:00 p.m 5:00 p.m.		1. ICNE Concurrent Session	1CNE Concurrent Session II							
		201: Pediatric Palliative Care-It's All in the Messaging	202: Something New is Taking Shape: Design and Implementation of a Standardized Bedside Shift Report Using the ISHAPED Algorithm	203: Using Technology to Help Nursing Students "Survive the Shift" - Creating an Interactive, Asynchronous Pediatric Decision-Making Learning Activity	204: Combat Opioid Crisis: Approach to Post-Operation	A Novel Prescribing	<b>205:</b> The Creation and Validation of a Pediatric Nursing Competency Framework			
5:00 p.	.m 6:45 p.m	. Opening Reception in Exhi	bit Hall							
THU	RSDAY, A	APRIL 27								
7:00 a.	m 8:00 a.m	. Chapter Leader's Breakfas	Chapter Leader's Breakfast/Breakfast with Exhibitors							
8:00 a.	m 9:00 a.m	. 1CNE Concurrent Session	1CNE Concurrent Session III							
		<b>301:</b> Youth in Despair: Addressing the Tragedy of Youth Suicide	<b>302:</b> Implementation of a Behavioral Emergency Response Team in Pediatric Medical Center to Support Bedside Nurses and Improve Safety Outcomes	<b>303:</b> Not Just for Exam Prep: How Students, RNs, and Educators Can Maximize the CPN Exam Content Outline	<b>304:</b> Reinven Residency Cu Using Design	ırriculum	<b>305</b> : The Latest in Tickborne Disease In the U.S.			
9:15 a.r	n 10:30 a.m	. 1.25 CNE Opening Plenary	1.25 CNE Opening Plenary: Caring for Others: Race Matters   Barbara Broome, PhD, RN, FAAN							
10:45 a	.m 11:15 a.m	0.5 CNE Concurrent Session IV-A - 30 minute sessions								
		401A: The Impact of the COVID-19 Pandemic in the Pediatric Perioperative Setting: Development of Pediatric Preprocedural COVID-19 Screening and Testing Processes	<b>402A:</b> Reducing Alarm Fatigue Across a Healthcare System	403A: Cecostomy Tubes Improve Bowel Continence Scores in Pediatric Patients with Spina Bifida	404A: An Eth Study Explori Culturally Cor Care Needs o Speaking Par Speak Little t Whose Childr Hospitalized	ng the ngruent f Spanish ents, Who o No English,	<b>405A</b> : Learning through Simulation: Translating PALS to the Bedside			
11:30 a.	m 12:00 p.n	O.5 CNE Concurrent Session IV-B - 30 minute sessions								
		<b>401B:</b> Against Medical Advice (AMA): Leaving the Pediatric Unit for Religious, Cultural and Philosophical Reasons	402B: Connecting the Dots for High Fall Risk Patients: Implementation of Acute Fall Risk Interventions and Education on an Inpatient Neuroscience and Epilepsy Monitoring Unit	<b>403B:</b> Factors Associate with Pediatric Nurses' Compassion Satisfaction and Compassion Fatigue during the COVID-19 Pandemic	Awareness of Health Dispar	Pediatric ities and State and	<b>405B</b> : Outpatient Management of Mild to Moderate Dehydration in Children with Medical Complexity			



# **SCHEDULE AT-A-GLANCE**

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KEY	Education	Leadership and Management	Evidence-based Practice	Quality Improvement	Clinical Practice	Research	Information Technology				
		APRIL 27 (CONTIN	UED)								
-	.m 1:45 p.m	<u> </u>									
1:45 p.m 3:00 p.m.		<del></del>	1.25 CNE Plenary Session: Leading with Accountability: How to Be the Best Version of You!   Stephanie Meyer, RN, MS-FNP, NEA-BC								
	m 3:30 p.m										
3:30 p.	m 4:30 p.m	. ICNE Concurrent Session	ı V								
		<b>501:</b> Bridging Gaps in our Care of Patients with Autism by Building Better Connections	502: Steps towards Savings: A Frontline Clinical Nurse-Led Research Project to Evaluate the Impact of an Early Ambulation Device	<b>503:</b> Recognizing and Addressing Pediatric Inpatients with Intensiv Behaviors	504: Bridging Knowledge-F in a Pediatric Health Clinica Unit with Mul Simulation	Practice Gap Behavioral al Research	<b>505:</b> Telehealth, The Future of Healthcare: Supporting a Family Centered Care Model to Transition NICU Graduates and their caregivers.				
4:30 p.	m 5:30 p.m	. Posters with Authors/Exhi	Posters with Authors/Exhibit Hall Open								
5:45 p.i	m 9:00 p.m	. Hospital Tour - Pre-registra	Hospital Tour - Pre-registration and a \$5 registration fee is required.								
6:00 p.	.m 7:15 p.m.	Movie Night - The America	Movie Night - The American Nurse, directed and produced by Carolyn Jones - Pre-registration and a \$15 registration fee is required.								
FRID	AY, APR	IL 28									
7:00 a.	m 8:00 a.m	SIG Meetings/Breakfast in the Exhibit Hall									
8:00 a.i	m 9:00 a.m	1.0 CNE Concurrent Session	1.0 CNE Concurrent Session VI								
		<b>601:</b> Taking the Fast Lane to a Humanistic Care Environment for Children with Special Needs	602: The Intricate Tapestry of Parent Moral Distress, Communication and Parenting: Supporting Parents of Critically III Children who are Dying	603: Preventing CLABS with Collaborative Huddles Upon Admission	Journey Boar	rd Tool Kit afety and ion in the ocess of the natology	605: Instill Confidence and Empower Clinical Nurses to Lead Shared Governance Councils				
9:15 a.n	n 10:30 a.m	. 1.0 CNE Plenary Session:	Hot Topics with SPN Past Pres	sidents							
10:45 a.	.m 11:45 a.m	1.0 CNE Concurrent Session	1.0 CNE Concurrent Session VII								
		<b>701:</b> The Foster Care Guidelines: A Primer for the Pediatric Nurse	702: A Hospital Wide Initiative to Improve the Care of Patients with Behavioral Health Needs Through Bolstering Nursing Staff Confidence, Education, and Support	<b>703:</b> The Nuts and Bolt of Caring for Children with Medical Complexit	Child's Voice	During ng for by- Induced Vomiting ediatric nic with Nausea	705: Management of Central Venous Access Device (CVAD)- Associated Skin Breakdown: Creation of a Pediatric Evidence-Based Algorithm				

The SPN Annual Conference inspired me to find my voice and be a "refreshing" leader in my unit. I look forward to conducting initiatives to improve the quality of care provided to patients and family and pursuing evidence-based practice on my unit.



# SCHEDULE AT-A-GLANCE

All conference events are listed are subject to change. All times are listed in Eastern.

FRIDAY, APRIL	. 28 (CONTINUED	)						
11:45 a.m 12:45 p.m.	Lunch with Exhibitors  Plenary Session: What's New in SPN  0.5 CNE Concurrent Session VIII-A - 30 minute sessions							
12:45 p.m 1:45 p.m.								
2:00 p.m 2:30 p.m.								
	<b>801A:</b> Impact of Chronic Kidney Disease on Quality of Life Among Children Attending Pediatric Clinic in South India	<b>802A:</b> Social Emotional Learning in Children with Adverse Childhood Experiences after COVID-19	803A: The State of Tracheostomy Education Programs Across the United States: A National Survey of Children's Hospitals	<b>804A:</b> Pediat Beyond Beha		805A: Hashtag This: Use of Social Media to Enhance Nursing Communication		
2:45 p.m 3:15 p.m.	0.5 CNE Concurrent Session VIII-B - 30 minute sessions							
	801B: A Systematic Review of the Mental Health Challenges Encountered by Immigrant Pediatric Patients We support the undergraduate students and their work however, no contact hours will be given for this session.	802B: Utilizing Weekly SAFE Rounds to Facilitate Implementation of Pediatric Quality Measures, Improve Communication Related to Patient Safety, and Positively Impact Quality and Safety Outcomes for a Tertiary Care Pediatric Unit.	803B: The Incidence of Pediatric Medical Line Entanglements and the Effect of a Novel Medical Line Wrap to Minimize Entanglements	804B: Making Minute Count Pediatric Nur: Knowledge & to Precept Us One Minute Teaching Mod the Framewo Precepting M	: Improving se Preceptors' Confidence ing the Preceptor' del Within rk of Ulrich's	805B: Bundle Up & Sleep Tight! An Evidence-Base Project to Increase Awareness On Healthy Sleep Hygiene Habits an Interventions for Pediatr Patients with Behavioral Health Needs		

As a first time attendee to the SPN conference, the conference met my expectations. I was able to network with pediatric faculty and nurses from all over the U.S. I loved having the opportunity to learn from and also share our stories with other faculty so that we can all learn together.

# **EXHIBITOR/SPONSORS**

# **MEET OUR VALUED EXHIBITORS**

Our Exhibit Hall features a variety of companies and organizations eager to show you the latest products, services and technologies, including:

Calmoseptine • I.V. House • Nurse Builders • Pediatric Nursing Certification Board Builders

Visit www.pedsnurses.org/annual-conference-sponsors---exhibitors for a full, up-to date listing of sponsors and exhibitors.

### INTERESTED IN SPONSORING OR EXHIBITING?

It's not too late to secure your spot as a sponsor or exhibitor at the SPN 33rd Annual Conference! For more information on partnership opportunities, contact Nancy Villa, SPN Sales Associate, directly at 312.673.4941 or via email at nvilla@pedsnurses.org.

I love attending SPN! I have the opportunity to not only increase my clinical and research knowledge but also catchup with friends across the US. I value these friendships personally and professionally. They are my go-to colleagues when I have a question or seek an opinion for how a nursing problem is handled in their organization.



# REGISTRATION AND HOTEL INFORMATION

## REGISTRATION

Registration and pricing information can be found online at: www.pedsnurses.org/annual-conference-registration.

The early registration deadline is Friday, March 24, 2023!

Single day, guest and pre-conference workshop registration options are also available. Visit the SPN website for details and pricing.

## HOTEL INFORMATION

#### **Wyndham Grand Pittsburgh Downtown**

600 Commonwealth Place Pittsburgh, PA 15222

**CONFERENCE ROOM RATE:** \$174.00 per night,

plus taxes and fees

A limited number of rooms are reserved at this rate.

Visit https://www.pedsnurses.org/annual-conferencehotel-and-travel to book your stay.



I completely enjoyed this opportunity to attend this conference. I am now refreshed and renewed in my love of pediatric nursing and have come back with the excitement to help improve my own pediatric unit. I am planning on going back to school, and seeing all the opportunities, research and EBP out there, I am overwhelmed (in a good way) to continue my education and nursing career.